# Developmental trial of a new continence device (Vysera valve) that allows bladder emptying by abdominal straining, designed for those with urinary incontinence

Submission date 11/10/2019	<b>Recruitment status</b> No longer recruiting	<ul> <li>Prospectively registered</li> <li>Protocol</li> </ul>
Registration date 14/10/2019	<b>Overall study status</b> Completed	<ul><li>Statistical analysis plan</li><li>Results</li></ul>
Last Edited 17/01/2020	<b>Condition category</b> Urological and Genital Diseases	<ul> <li>Individual participant data</li> <li>Record updated in last year</li> </ul>

#### Plain English summary of protocol

#### Background and study aims

Urinary valves were first introduced in 1986, and have since been shown to be suitable for both male and female patients with indwelling urinary catheters. They are commonly used for patients with intact bladder sensation who can feel when their bladder needs emptying. However, they can be awkward to open, and people with poor hand function often cannot use a valve. We therefore aimed to test whether people could use a different approach to opening the valve, namely raising the pressure in their abdomen ("straining"). To test this, we have designed a valve which stays shut unless sufficient pressure is maintained for long enough. The valve can be positioned using two mountings; one is suitable to put into the end of a catheter, the other can be placed directly into the bladder exit. The valve passively closes the urethra to prevent urine leakage and requires abdominal straining for less than 10 seconds to open and allow bladder emptying. This study has been designed to test the feasibility of the Vyersa valve for first use in humans. We will test it in people with long-term catheters and also people with incontinence after prostate surgery, to ensure that the valve can be opened by people safely and effectively

#### Who can participate?

Patients over 18 using a catheter for urinary incontinence

#### What does the study involve?

The valve will be put into position, and we will ask patients to tell us about the experience of having the valve placed. Once it is in position, patients may be asked to allow the bladder to fill up, and when patients feel the need to pass urine, we will check if patients can do so by opening the valve. The valve will be removed, and we will ask patients about the experience of using the valve and having it removed. We will check how patients have been afterwards, including phoning patients after a week. If patients do have any unexpected difficulties, we will give patients contact details to can get in touch if they feel it is needed.

What are the possible benefits and risks of participating?

This is a new design of urinary valve in the very first stages of development. It is not yet fully developed for routine use for patients, so patients will not get immediate benefit from participating in the trial. We hope the valve will become available for patients in the future, based in part on the results of this study.

The risks we feel could apply are; patients might see some blood in the urine for up to a day afterwards (we estimate the risk to be about one in five). patients may experience discomfort sufficient to need simple painkiller tablets (we estimate the risk to be about one in five). patients might get a urine infection which would need treatment with antibiotics (we estimate the risk to be about one in ten).

Where is the study run from? Bristol Urological Institute, UK

When is the study starting and how long is it expected to run for? May 2014 to December 2014

Who is funding the study? 1. Vysera Biomedical Ltd 2. Bristol Urological Institute

Who is the main contact? Dr Jennifer Martin (public) drjkmartin@gmail.com Prof Marcus Drake (scientific) marcus.drake@bristol.ac.uk

## **Contact information**

**Type(s)** Public

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Type(s)

Scientific

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### Additional identifiers

**EudraCT/CTIS number** Nil known

**IRAS number** 

**ClinicalTrials.gov number** Nil known

Secondary identifying numbers D646-CLN

## Study information

#### Scientific Title

Proof-of-principle trial of the Vysera continence valve to confirm ability to achieve bladder emptying by abdominal straining

#### **Study objectives**

A valve can be used to restore continence in people with stress urinary incontinence, but it has to be possible to open it so the user can empty their bladder when required. We hypothesise that raising the abdominal pressure could provide a non-manual approach to opening a urinary valve, with potential application for indwelling catheters or an intraurethral device. The 'Vysera' valve remains closed during short high amplitude spikes but opens when a pre-defined lowamplitude pressure is maintained for a pre-specified duration, allowing sustained abdominal straining to achieve voluntary opening

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Approved 06/11/2013, NRES Committee West Midlands – South Birmingham Research Ethics Service (The Old Chapel, Royal Standard Place, Nottingham, NG1 6FS; +44 (0)207 104 8234; NRESCommittee.westmidlands-southbirmingham@nhs.net), gave ethical approval for a twostage proof-of-principle study: 1. Testing the effectiveness of the Vysera valve in a catheter (NRES reference number 10/H1207 /94) 2. Its capabilities as an intra-urethral device (NRES reference number 14/WM/1064)

#### Study design

Non-randomised interventional single-centre cohort study

**Primary study design** Interventional

Secondary study design Non randomised study

**Study setting(s)** Hospital

**Study type(s)** Other

#### Participant information sheet

Not available in web format, please use contact details to request a participant information sheet

#### Health condition(s) or problem(s) studied

Urinary incontinence

#### Interventions

This is a non-randomised, cohort study assessing patients with urinary incontinence to determine whether a strain-activated device can be opened by abdominal straining, enabling potential to manage urinary incontinence. Patients volunteered to test the Vysera valve to one of three non-randomized groups.

Group one tested the device attached to the end of a catheter to ascertain whether the valve would open with abdominal straining

Group two were consented to test the device deployment and removal within the urethra under anaesthesia

Group three were consented to test device deployment, device function in terms of capability to open within the urethra using straining, and removal

Allocation to groups was dependent on the time of entry to study.

Data collection by the completion of written case report forms.

Intervention Type Device

**Phase** Not Applicable

Drug/device/biological/vaccine name(s)

Vysera valve

#### Primary outcome measure

Efficacy of the device (Vysera valve): successfully placed into a catheter or intra-urethrally and be opened with sustained abdominal pressure to allow the patient to void voluntarily. Assessed at time of use.

#### Secondary outcome measures

Clinician and patient satisfaction with the Vysera valve placement, use and removal process, assessed by interview at the time of use and a follow-up phone call at one week:

- 1. To evaluate the delivery of the device.
- 2. To evaluate the retrieval of the device.
- 3. To evaluate patient tolerance of the device.
- 4. To evaluate whether urinary containment can be achieved.
- 5. To assess the level of residual remaining in the bladder post voiding.
- 6. To assess the adverse event profile of the device

#### Overall study start date

01/08/2010

#### **Completion date**

01/12/2014

## Eligibility

#### Key inclusion criteria

Stage 1 (Placement and immediate removal of device):

- 1. 18 years or older attending the clinical site for cystoscopy
- 2. Recovering from surgery at least 3 months post-surgery
- 3. Willing and able to give informed consent

Stage 2 (Placement and removal after trial of bladder filling and voiding):

- 1. Post-prostatectomy male patients 18 years or older, suffering from stress urinary incontinence
- 2. Undergoing treatment for urinary incontinence or related issues
- 3. At least 3 months post-surgery
- 4. Not confined to bed.
- 5. Adequate bladder / urine storage function
- 6. Willing and able to give informed consent

#### Participant type(s)

Patient

**Age group** Adult

**Lower age limit** 18 Years

**Sex** Both

Target number of participants

The investigation is designed as a small study of up to 14 subjects

#### Key exclusion criteria

1. Mentally unstable or cognitively impaired and who are unable to comprehend the informed consent process

2. Renal impairment and/or ureteric reflux

3. Insufficient physical strength to strain determined by urodynamic testing, which is needed to operate the Vysera Urology Catheter Valve for voiding

4. Macroscopic haematuria

5. Symptomatic urinary tract infection (defined as a feeling of malaise, the presence of pyrexia in conjunction with bacteriuria)

6. In the opinion of the investigator are unable to participate

7. Diagnosed detrusor overactivity

Date of first enrolment

14/05/2014

Date of final enrolment 01/12/2014

## Locations

**Countries of recruitment** England

United Kingdom

#### Study participating centre Bristol Urological Institute Gate 36 Southmead Hospital Southmead Road Bristol United Kingdom BS10 5NB

## Sponsor information

**Organisation** Vysera Biomedical Ltd

**Sponsor details** BMR House Parkmore Business Park West Galway Ireland NE2 2013 +353 (0)91862202 info@vysera.com

**Sponsor type** Industry

Website http://www.vysera.com

## Funder(s)

Funder type Industry

**Funder Name** Vysera Biomedical Ltd

**Funder Name** Bristol Urological Institute

## **Results and Publications**

#### Publication and dissemination plan

The outcome of the trial is intended for publication in a peer-reviewed, open-access journal on conclusion of data collection and analysis

#### Intention to publish date

01/11/2019

#### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are not expected to be made available due to commercial sensitivity

#### IPD sharing plan summary

Not expected to be made available

Study outputs						
Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?	
HRA research summary			28/06/2023	No	No	