

Immediate cooling of the brain during the resuscitation period by the use of a pharyngeal cooling device

Submission date 23/11/2009	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
Registration date 10/12/2009	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
Last Edited 21/08/2019	Condition category Surgery	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Yoshimasa Takeda

Contact details
Okayama University Hospital
Department of Anesthesiology and Resuscitation
2-5-1 Shikata-Cho
Okayama
Japan
700-8558
-
yoshit@cc.okayama-u.ac.jp

Additional identifiers

Protocol serial number
UMIN000002224

Study information

Scientific Title

Immediate cooling of the brain during the resuscitation period by the use of a pharyngeal cooling device: a randomised controlled trial

Acronym

i-Cool

Study objectives

This study was designed to elucidate the effects of pharyngeal cooling initiated during or immediately after resuscitation on tympanic temperature, neurological recovery and mortality rate.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Okayama University Ethics Committee approved on the 4th February 2009 (ref: 620)

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Brain hypothermia

Interventions

Methods used for resuscitation will comply with AHA Guidelines (2005).

Treatment group:

Immediately after tracheal intubation, the pharyngeal cooling cuff will be inserted and pharyngeal cooling will be initiated. Otherwise, the treatment procedures conventionally performed at the medical facility will be conducted. Required procedures of pharyngeal cooling:

1. Rate of perfusion: 500 mL/min
2. Perfusion pressure: 50 - 20 cm H₂O
3. Perfusate: Physiological saline (5°C)
4. Target tympanic membrane temperature: 32°C
5. Cooling duration: 2 hours

Conditions for ending treatment:

1. When spontaneous circulation does not return and resuscitation measures have been discontinued
2. When pharyngeal cooling has been performed for greater than 2 hours

Control group:

Treatment conventionally performed at the medical facility will be conducted.

Intervention Type

Device

Phase

Not Applicable

Primary outcome(s)

1. Lowest tympanic membrane temperature within 2 hours of start of pharyngeal cooling
2. Time until tympanic temperature decreases by 1.0°C

Key secondary outcome(s)

1. Functional prognosis:
 - 1.1. Evaluation of level of consciousness: Glasgow Coma Scale 2 weeks after resuscitation
 - 1.2. Evaluation of neurological function: Glasgow Pittsburgh Cerebral Performance categories evaluated 1 and 6 months after resuscitation
2. Life prognosis:
 - 2.1. Return of spontaneous circulation (ROSC); ROSC defined as a return of palpable pulse: ROSC time, rate of ROSC
 - 2.2. Mortality rate: Mortality rates at 1, 3, and 6 months after resuscitation
3. Incidence rate of complications during 3-day period after start of resuscitation: acute lung injury, systemic inflammatory response syndrome, sepsis, dialysis, percutaneous cardiopulmonary support, thrombocytopenia, coagulopathy, arrhythmia
4. Subgroup analysis: Evaluation of effect of cooling, functional prognosis, and life prognosis, based on as-treated analysis in compliance with the protocol, such as pharyngeal cooling time
5. Subgroup analysis: Evaluation of functional prognosis and life prognosis of subgroups of patients surviving 6 hours and 24 hours
6. Subgroup analysis: Effect of cooling, and evaluation of functional prognosis and life prognosis, in subgroup of patients who did not undergo percutaneous cardiopulmonary support or intravenous administration of cold fluids
7. Subgroup analysis: Duration of stay in intensive care and duration of hospital stay, in subgroup of patients who survived

Completion date

31/03/2010

Eligibility**Key inclusion criteria**

1. Patients with witnessed cardiogenic cardiac arrest or witnessed non-cardiogenic cardiac arrest except post-traumatic cardiac arrest
2. Patients who have been resuscitated by medical services within 15 minutes after the onset of cardiac arrest
3. Aged 16 - 89 years old, either sex

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

108

Key exclusion criteria

1. Patients with a disorder in the pharynx or oesophagus
2. Patients with severe hypothermia (less than 34 degrees centigrade upon arrival)
3. Patients who are pregnant
4. Patients with an immunodeficiency or medicated with an immunosuppressant (except for steroids)
5. Patients with brain damage initiated by a mechanism other than cardiac arrest
6. Rejection by a person in parental authority
7. Barthel Index Score of less than 66

Date of first enrolment

01/06/2009

Date of final enrolment

31/03/2010

Locations**Countries of recruitment**

Japan

Study participating centre

Okayama University Hospital

Okayama

Japan

700-8558

Sponsor information**Organisation**

Okayama University (Japan)

ROR

<https://ror.org/02pc6pc55>

Funder(s)

Funder type
Government

Funder Name
Ministry of Health, Labor and Welfare (Japan) (ref: H19- Trans- General-005)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2014	21/08/2019	Yes	No
Participant information sheet	Participant information sheet	11/11/2025	11/11/2025	No	Yes