

# AmBeR UCD: can we measure ammonia in breath sample?

<b>Submission date</b> 30/10/2017	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 29/11/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 17/11/2021	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

Current plain English summary as of 26/03/2019:

### Background and study aims

Urea cycle disorders are a group of genetic metabolic conditions that prevents correct conversion of nitrogen to urea and, instead, produces ammonia. These patients cannot effectively control the level of ammonia in their blood. If the ammonia reaches high levels, this can cause severe illness and even death in these patients. This is a lifelong debilitating condition which is difficult to manage, as it is hard to tell when a patient is well or when they are sick. This study investigates whether a device (called the AmBeR device) for measuring ammonia in people's breath relates to the concentration of ammonia in their blood. If successful, this device would allow a simple, painless way of monitoring these patients in their own home. As well as significantly improving their quality of life, this would also be a significant reduction in the burden on the healthcare system.

### Who can participate?

This study involves children aged 5 years and younger who have a Urea Cycle Disorder or another hyper-ammonaemic condition as well as a parent or carer who is willing to help collect breath samples.

### What does the study involve?

This study includes two parts: a clinic study and a home study. The clinic study asks participants to provide breath samples and to complete questionnaires on dietary intake and quality of life. The breath samples are collected using the AmBeR device. The home study involves participants collecting breath samples two-three times per day for three months using the AmBeR breath ammonia device. Patients or carers are asked to record the participants' health status, time of last food/drink and any issues they experience using the device. Participants are followed up after three months to measure their quality of life.

### What are the possible benefits and risks of participating?

There are no significant benefits or risks in taking part in this study.

### Where is the study run from?

1. Bristol Royal Hospital for Children (UK)

2. Great Ormond Street Hospital for Children NHS Foundation Trust (UK)
3. Evelina London Children's Hospital (UK)
4. Birmingham Children's Hospital (UK)

When is the study starting and how long is it expected to run for?  
December 2016 to October 2019

Who is funding the study?  
National Institute for Health Research (UK)

Who is the main contact?  
Prof Julian Hamilton Shield  
J.P.H.Shield@bristol.ac.uk

Previous plain English summary:

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Prof Julian Hamilton Shield  
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## Contact information

**Type(s)**  
Public

**Contact name**  
Prof Julian Hamilton-Shield

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J.P.H.Shield@bristol.ac.uk

## Additional identifiers

**Protocol serial number**  
35123

## Study information

**Scientific Title**  
Assessment of a breath ammonia monitoring device for its potential to improve the management and care of patients with urea cycle disorders

**Acronym**  
AmBeR UCD

**Study objectives**  
The IMPRESS-Study evaluates a process-intervention on the basis of two comparing groups. This trial primarily aims to answer if mortality improves due to an organized collegial conference ("peer Review"). The aim is to find and eradicate error-potentials and improve in-house-quality.

**Ethics approval required**

Old ethics approval format

## **Ethics approval(s)**

London – Riverside Research Ethics Service, 15/08/2017, ref: 17/LO/1077

## **Study design**

Observational; Design type: Validation of outcome measures

## **Primary study design**

Observational

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Specialty: Children, Primary sub-specialty: Inherited Metabolic Disorders; UKCRC code/ Disease: Metabolic and Endocrine/ Metabolic disorders

## **Interventions**

There are two parts to this research project: Clinic Study and Home Study.

**Clinic Study:** Once a participant has provided written consent and assent as appropriate, the participant is asked to provide breath samples and to complete two questionnaires, one which records dietary intake and the second records quality of life. Breath samples are collected using the AmBeR device to measure breath ammonia. Each measurement involves a set of exhalations (typically 8) into the mouthpiece of the AmBeR device; this is similar to natural breathing and does not involve a forced exhale in older children. However, in younger children, it may require a larger than normal inhale and exhale, the same as taking a deep breath. The AmBeR device measures how much ammonia is in the breath and this will be recorded by the device. Dietary intake is measured using a 24 hour recall online tool called Intake24 and quality of life is recorded using PedSQL.

**Home Study:** Patients are asked to collect 2-3 breath samples, two times per day, for three months using the AmBeR breath ammonia device at home. They are asked to provide these samples in the morning and in the evening. The patient/ carer are also asked to record patient health status information, time of last food/drink and any issues with the use of the device. There will be no change in the care model used during the home evaluation period and patients, carers and clinicians act independently of any data gathered by the instruments in a manner which continues to ensure optimum care of the patient during this study. During the three month period, parents/ carers are asked to record time off work data to cater to the child's health care needs, number and reason for hospital visits and contacts with primary care. Parents /carers are also be asked to complete a quality of life questionnaire (EQ-5D-5L) at baseline and at the three month follow up. Children are also be asked to complete a PedsQL Quality of life questionnaire at baseline and follow up. At the end of the three month period, the parent/carer will be asked if they would like to take part in a phone interview in which qualitative data will be recorded. This interview explore the parent/carer's user experiences of the AmBeR device.

## **Intervention Type**

Device

## **Phase**

Not Applicable

### **Primary outcome(s)**

Clinic Study:

Breath ammonia is measured using an ammonia breath monitor (AmBeR) at one occasion.

Home Study:

Breath ammonia is measured using an ammonia breath monitor (AmBeR) daily for a 3 month period.

### **Key secondary outcome(s)**

There are no secondary outcome measures.

### **Completion date**

31/10/2019

## **Eligibility**

### **Key inclusion criteria**

Clinic Study: Inclusion criteria for patients with Urea Cycle Disorder and other hyper-ammonaemic conditions

1. Aged  $\geq 5$  years
2. Diagnosis of a UCD or other hyper-ammonaemic condition
3. Capable of providing a valid breath sample
4. Providing a blood sample as part of their clinical care

Clinic Study: Inclusion criteria for control patients

1. Patients without a UCD or another hyper-ammonaemic condition attending for a routine inborn error of metabolism (IEM) hospital appointment and providing a blood sample as part of their clinical care. An additional 1-2ml whole blood is required for the measurement of blood ammonia.
2. Aged  $\geq 5$  years
3. Capable of providing a valid breath sample

Home Study: Inclusion criteria (patients with Urea Cycle Disorder or other hyper-ammonaemic conditions)

1. Aged  $\geq 5$  years
2. Diagnosis of a UCD or other hyper-ammonaemic condition
3. Capable of providing valid breath samples
4. Family willing to help patient collect breath samples and record data

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

**Total final enrolment**

94

**Key exclusion criteria**

Children under five years of age.

**Date of first enrolment**

10/11/2017

**Date of final enrolment**

28/02/2019

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Bristol Royal Hospital for Children**

University Hospitals Bristol NHS Foundation Trust

Upper Maudlin Street

Bristol

United Kingdom

BS2 8BJ

**Study participating centre**

**Great Ormond Street Hospital for Children NHS Foundation Trust**

Great Ormond Street

London

United Kingdom

WC1N 3JH

**Study participating centre**

**Evelina London Children's Hospital**

Guy's and St Thomas' NHS Foundation Trust

Westminster Bridge Road

St Thomas' Hospital

London

United Kingdom

SE1 7EH

**Study participating centre**  
**Birmingham Children's Hospital**  
Birmingham Women's and Children's NHS Foundation Trust  
Steelhouse Lane  
Birmingham  
United Kingdom  
B4 6NH

## Sponsor information

**Organisation**  
University Hospitals Bristol NHS Foundation Trust

**ROR**  
<https://ror.org/04nm1cv11>

## Funder(s)

**Funder type**  
Government

**Funder Name**  
NIHR Central Commissioning Facility (CCF)

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

### IPD sharing plan summary

Other

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Funder report results</a>		30/10/2019	17/11/2021	No	No
<a href="#">HRA research summary</a>			26/07/2023	No	No