# Magnesium intervention during pregnancy

Submission date 23/08/2010	<b>Recruitment status</b> No longer recruiting
Registration date 14/09/2010	<b>Overall study status</b> Completed
Last Edited 05/11/2014	<b>Condition category</b> Pregnancy and Childbirth

[X] Prospectively registered

- [] Protocol
- [] Statistical analysis plan
- [X] Results
- [] Individual participant data

#### Plain English summary of protocol

Not provided at time of registration

# **Contact information**

**Type(s)** Scientific

**Contact name** Prof Ragnar Rylander

#### **Contact details**

Bjorkasvagen 21 Lerum Sweden 443 91 +46 (0)708 40 0101 envhealth@biofact.se

# Additional identifiers

EudraCT/CTIS number

**IRAS number** 

ClinicalTrials.gov number

Secondary identifying numbers N/A

# Study information

Scientific Title

Acid-base balance and blood pressure during pregnancy: a double-blinded randomized controlled trial

#### Study objectives

Intervention with magnesium citrate will prevent increase in blood pressure during last part of pregnancy. Further reading: http://www.ncbi.nlm.nih.gov/pubmed/20135136.

Ethics approval required

Old ethics approval format

**Ethics approval(s)** The Gothenburg Committee, 08/03/2009, ref: 098-09

**Study design** Double blind interventional randomised controlled trial

**Primary study design** Interventional

**Secondary study design** Randomised controlled trial

Study setting(s) Hospital

**Study type(s)** Prevention

#### Participant information sheet

Not available in web format, please use contact details below to request a patient information sheet

#### Health condition(s) or problem(s) studied

Pregnancy

#### Interventions

Magnesium citrate powder (Diasporal), 12 mmol magnesium daily, taken at week 25 of pregnancy until delivery. Control group receive no supplements. Blood pressure and proteinurea are measured routinely

Intervention Type Other

in all pregnancies

**Phase** Not Applicable

**Primary outcome measure** Blood pressure increase during final weeks of pregnancy

#### Secondary outcome measures

Symptoms of pre-eclampsia during final weeks of pregnancy

Overall study start date 01/10/2010

**Completion date** 01/10/2012

# Eligibility

Key inclusion criteria

First time pregnancies
 Urinary calcium excretion in excess of 6 mmol around pregnancy week 20

**Participant type(s)** Patient

**Age group** Adult

**Sex** Female

**Target number of participants** 60

**Key exclusion criteria** History of blood pressure or renal dysfunction

Date of first enrolment 01/10/2010

Date of final enrolment 01/10/2012

### Locations

**Countries of recruitment** Sweden

**Study participating centre Bjorkasvagen 21** Lerum Sweden 443 91

### Sponsor information

**Organisation** Sodra Alvsaborgs Hospital (Sweden)

Sponsor details Maternity care unit Boras Sweden 501 82 +46 (0)33 616 0000 Mats.elm@vgregion.se

**Sponsor type** Hospital/treatment centre

ROR https://ror.org/01qas6g18

### Funder(s)

**Funder type** Research council

**Funder Name** South Alvsborg Research and Development Council (Forskning och Utveckling [FoU]) (Sweden)

### **Results and Publications**

**Publication and dissemination plan** Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Not provided at time of registration

#### Study outputs

Output	type
Results	article

Details Date created results 01/12/2013

Date added

Peer reviewed?

Yes

Patient-facing?

No