ISRCTN98406653 https://doi.org/10.1186/ISRCTN98406653

A randomised controlled trial to assess the effectiveness of massage for chronic pain

Submission date 08/06/2007	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 04/12/2007	**Overall study status** Completed	
Last Edited 11/08/2008	**Condition category** Signs and Symptoms	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Kate Seers

Contact details
Whichford House
Building 1400
Parkway Court
Oxford Business Park
Oxford
United Kingdom
OX4 2JY

Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers
NAPREC 97.053

Study information

Scientific Title

Study objectives
Does massage for chronic non-malignant pain reduce pain and anxiety?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Oxford Nursing and Allied Professions Ethics Committee (NAPREC) (ref: 97.053)

Study design
Randomised controlled trial

Primary study design
Interventional

Secondary study design
Randomised controlled trial

Study setting(s)
Not specified

Study type(s)
Not Specified

Participant information sheet

Health condition(s) or problem(s) studied
Chronic non-malignant pain

Interventions
Intervention: 15 min massage
Control intervention: 15 min talk with a nurse about their pain

Intervention Type
Other

Phase
Not Specified

Primary outcome measure
1. Pain, assessed immediately after massage and 1, 2, 3 and 4 hours later using a Visual Analogue Scale (VAS) and the McGill Pain Questionnaire
2. Anxiety, assessed immediately after massage and 1, 2, 3 and 4 hours later by the short form Spielberg State-Trait Anxiety scale

Secondary outcome measures
Overall rating of intervention by patient and observer (researcher), assessed by an interview after intervention (normally at 4 hours, however for some of the participants who dropped out of study the interview took place at a earlier timepoint)

Overall study start date
01/01/1998

Completion date
31/12/2000

Eligibility

Key inclusion criteria
Patients aged 18 or over attending pain relief unit whose pain was described as moderate or severe.

Participant type(s)
Patient

Age group
Adult

Lower age limit
18 Years

Sex
Both

Target number of participants
120

Key exclusion criteria
1. Non-English speakers
2. Taken analgesics within two hours prior to treatment

Date of first enrolment
01/01/1998

Date of final enrolment
31/12/2000

Locations

Countries of recruitment
England

United Kingdom

Study participating centre
Whichford House
Oxford
United Kingdom
OX4 2JY

Sponsor information

Organisation
Royal College of Nursing Institute (UK)

Sponsor details
Whichford House
Building 1400
Parkway Court
Oxford Business Park
Oxford
England
United Kingdom
OX4 2JY

Sponsor type
University/education

Website
http://www.rcn.org.uk

ROR
https://ror.org/0496m4831

Funder(s)

Funder type
Government

Funder Name
Oxfordshire Health Services Research Fund (UK)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	04/07/2008		Yes	No