# Validating predictive models and biomarkers of radiotherapy toxicity to reduce side effects and improve quality of life in cancer survivors

| Submission date   | Recruitment status No longer recruiting | [X] Prospectively registered   |  |  |
|-------------------|---|--------------------------------|--|--|
| 04/03/2014        |   | ☐ Protocol                     |  |  |
| Registration date | Overall study status                    | Statistical analysis plan      |  |  |
| 19/03/2014        | Completed                               | [X] Results                    |  |  |
| Last Edited       | Condition category                      | [] Individual participant data |  |  |
| 05/03/2020        | Cancer                                  |                                |  |  |

### Plain English summary of protocol

http://www.cancerresearchuk.org/about-cancer/trials/a-study-looking-at-who-is-more-likely-to-have-radiotherapy-side-effects-requite

### Study website

http://www.requite.eu

# **Contact information**

# Type(s)

Scientific

### Contact name

**Prof Catharine West** 

#### ORCID ID

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#### Contact details

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# Additional identifiers

### **EudraCT/CTIS** number

**IRAS** number

ClinicalTrials.gov number

Secondary identifying numbers 601826

# Study information

#### Scientific Title

Validating predictive models and biomarkers of radiotherapy toxicity to reduce side effects and improve quality of life in cancer survivors: a prospective observational cohort study

### Acronym

**REQUITE** 

### Study objectives

Primary objective: To establish a prospective cohort of patients undergoing radiotherapy for breast, prostate or lung cancer following local regimens and collecting standardised radiotherapy toxicity data, non-genetic risk factor data and samples for biomarker assays for the study of determinants of radiotherapy side-effects.

Secondary objective: To establish a comprehensive centralised database and sample collection as a resource for the prospective evaluation and validation of clinical models incorporating biomarker data to identify before treatment those cancer patients who are at risk of developing long-term side effects from radiotherapy.

### Ethics approval required

Old ethics approval format

# Ethics approval(s)

UK ethics approval obtained from North West - GM East REC, ref: 14 NW 0035

# Study design

Prospective observational cohort study

# Primary study design

Observational

# Secondary study design

Cohort study

# Study setting(s)

Hospital

# Study type(s)

Quality of life

### Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

### Health condition(s) or problem(s) studied

Breast cancer, prostate cancer, lung cancer

### **Interventions**

A pre-treatment blood sample will be collected from every patient at a single time point for downstream analyses. This sample comprises:

Sample A: a whole blood EDTA sample for DNA extraction and either

Sample B: a whole blood PAXgene sample for RNA extraction

O٢

Sample C: a whole blood Lithium Heparin sample for the apoptosis assay.

Toxicity will be assessed and documented using REQUITE toxicity questionnaires based on the Common Terminology Criteria for Adverse Events (CTCAE) v4.0 and EORTC Quality of Life. At some sites additional questionnaires will also be used: Multiple Fatigue Inventory (MFI) and the General Practice Assessment

Questionnaire (GPAQ). Questionnaires will be completed at the following time points:

- 1. Baseline assessed prior to radiotherapy (all)
- 2. End of radiotherapy (breast and prostate); or first follow-up visit following implantation for prostate brachytherapy patients
- 3. 3 months from start of radiotherapy (lung)
- 4. 6 months from start of radiotherapy (lung)
- 5. 12 months from start of radiotherapy (all)
- 6. 24 months from start of radiotherapy (all)

The follow-up period can be extended beyond 24 months. Further follow-up will be permissible and encouraged where possible as part of routine clinical care.

### Intervention Type

Other

#### Phase

Not Applicable

### Primary outcome measure

- 1. Change in breast appearance at 24 months following start of radiotherapy (breast) measured by digital photograph
- 2. Rectal bleeding at 24 months following start of radiotherapy (prostate) measured by patient-reported outcome toxicity questionnaires
- 3. Dyspnea/breathlessness at 12 months following start of radiotherapy (lung) measured by patient-reported outcome toxicity questionnaires

### Secondary outcome measures

1. Other toxicity endpoints including but not limited to: fibrosis, induration and vascular changes (breast); rectal incontinence, urinary toxicity and erectile dysfunction (prostate); dysphagia and

### oesophagitis (lung)

- 2. Quality of life
- 3. Maximum grade of toxicity during follow-up period

Toxicity will be assessed and documented using REQUITE toxicity questionnaires based on the CTCAE v4.0 and EORTC Quality of Life at the following time points.

- 1. Baseline assessed prior to radiotherapy (all)
- 2. End of radiotherapy (breast and prostate); or first follow-up visit following implantation for prostate brachytherapy patients
- 3. 3 months from start of radiotherapy (lung)
- 4. 6 months from start of radiotherapy (lung)
- 5. 12 months from start of radiotherapy (all)
- 6. 24 months from start of radiotherapy (all)

### Overall study start date

01/04/2014

### Completion date

31/03/2019

# Eligibility

### Key inclusion criteria

- 1. Patients suitable for adjuvant radiotherapy\* for cancer of the breast (invasive or in situ) including breast patients receiving neo-adjuvant chemotherapy
- 2. Patients suitable for radical radiotherapy or brachytherapy for prostate cancer; including postprostatectomy patients
- 3. Patients suitable for radical radiotherapy, sequential or concurrent chemoradiotherapy or stereotactic body radiation therapy for lung cancer
- 4. No other malignancy prior to treatment for the specified tumour types except basal cell or squamous cell carcinoma of the skin
- 5. No evidence of distant metastases
- 6. Patients able to provide a venous blood sample
- 7. Willingness and ability to comply with scheduled visits, treatment plans and available for follow-up within country of origin
- 8. Greater than 18 years of age; no upper age limit
- 9. The capacity to understand the patient information sheet and the ability to provide written informed consent
- \*Breast patients receiving chemotherapy should have completed their course of chemotherapy (anthracyclines) at least one month prior to radiotherapy commencing.

### Participant type(s)

Patient

### Age group

Adult

### Lower age limit

18 Years

#### Sex

Both

### Target number of participants

4439

### Total final enrolment

4439

### Key exclusion criteria

- 1. Patients with metastatic disease
- 2. Prior irradiation at the same site
- 3. Planned use of protons
- 4. Breast patients receiving concomitant chemo-radiation
- 5. Male breast cancer patients
- 6. Mastectomy patients
- 7. Bilateral breast cancer
- 8. Small cell lung cancer
- 9. Mental disability or patient otherwise unable to give informed consent and/or complete patient questionnaires
- 10. Limited life expectancy due to co-morbidity
- 11. Pregnant patients
- 12. Partial breast irradiation
- 13. Patients with breast implants if not removed during surgery
- 14. Patients with known HIV infection/infectious hepatitis

### Date of first enrolment

01/04/2014

#### Date of final enrolment

31/03/2018

# Locations

### Countries of recruitment

Belgium

England

France

Germany

Italy

**Netherlands** 

Spain

United Kingdom

### United States of America

# Study participating centre Radiotherapy Related Research

Manchester United Kingdom M20 4BX

### Study participating centre Centre d'imagerie de l'ICM Val d'Aurelle - Groupe CRP

Institut du Cancer 31 rue Croix Verte Montpellier France 34000

# Study participating centre MAASTRO clinic

Doctor Tanslaan 12 Maastricht Netherlands 6229 ET

### Study participating centre Icahn School of Medicine at Mount Sinai

1 Gustave L. Levy Place New York United States of America 10029

# Study participating centre The Christie NHS Foundation Trust

Wilmslow Road Manchester United Kingdom M20 4BX

# Study participating centre

### Fundación Publica Galega Medicina Xenomica

CHUS Edif Consultas, floor -2 Choupana s/n Santiago de Compostela Spain 15706

### Study participating centre Fondazione IRCCS Istituto Nazionale dei Tumori

Via Giacomo Venezian, 1 Milan Italy 20133

### Study participating centre University Hospital Leuven

Herestraat 49 Leuven Belgium 3000

# Study participating centre Universitair Ziekenhuis Gent

Corneel Heymanslaan 10 Ghent Belgium 9000

### Study participating centre Universitaet Mannheim

Mannheim Germany 68131

### Study participating centre Fundació Privada Institut d'Investigació Oncológica Vall d'Hebron

Centro Cellex Calle Natzaret 115-117 Barcelona Spain 08035

# Study participating centre University Hospitals of Leicester

Infirmary Square Leicester United Kingdom LE1 5WW

### Study participating centre Städtisches Klinikum Karlsruhe

Moltkestraße 90 Karlsruhe Germany 76133

# Study participating centre St. Vincentius-Kliniken gAG Karlsruhe

Steinhäuserstraße 18 Karlsruhe Germany 76137

# Study participating centre Klinikum der Stadt Ludwigshafen GmbH

Bremserstraße 79 Ludwigshafen am Rhein Germany 67063

# Study participating centre Praxis Strahlentherapie

Paul-Egell-Straße 31 Speyer Germany 67346

# Study participating centre Zentrum für Strahlentherapie

Wirthstraße 11c Freiburg im Breisgau Germany 79110

### Study participating centre Klinikum Darmstadt

Grafenstraße 9 Darmstadt Germany 64283

### Study participating centre Strahlentherapie An der Stadtklinik

Balger Str. 50 Baden-Baden Germany 76532

# Study participating centre The Institute for Cancer Research and Treatment

Strada Provinciale Candiolo Italy 10060

# Study participating centre Derby Hospitals NHS Foundation Trust

Uttoxeter Road Derby United Kingdom DE22 3NE

### Study participating centre Nottingham University Hospitals NHS Trust

Hucknall Road Nottingham United Kingdom NG5 1PB

### Study participating centre Salford Royal Foundation Trust

Stott Lane Salford United Kingdom M6 8HD

# Study participating centre Birmingham NHS Foundation Trust

Birmingham United Kingdom B15 2TH

### Study participating centre Centre Hospitalier Régional Universitaire de Nîmes

4 Rue du Professeur Robert Debré Nîmes France 30029

### Study participating centre Memorial Sloan Kettering Cancer Centre

1275 York Ave New York United States of America 10065

### Study participating centre Queens Cancer Centre

82-68 164th Street New-Bldg 5th Floor Jamaica New York United States of America 11432

# Sponsor information

### Organisation

University of Manchester (UK)

### Sponsor details

c/o Lynne MacRae
Faculty of Biology, Medicine and Health
The University of Manchester
Room 1.21a Simon Building
Brunswick Street
Manchester
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United Kingdom
M13 9PL
+44 161 275 5436
research-governance@manchester.ac.uk

### Sponsor type

University/education

#### **ROR**

https://ror.org/027m9bs27

# Funder(s)

### Funder type

Government

#### **Funder Name**

European Union - Seventh Framework Programme for Research, Technological Development and Demonstration, Ref. 601826

# **Results and Publications**

Publication and dissemination plan

# Intention to publish date

30/09/2019

### Individual participant data (IPD) sharing plan

We have an extensive resource of treatment, toxicity & PRO data as well as DVH & DICOM, genotyping & breast photos. It is accessible to all (following submission and approval of a concept form). Researchers can find out top level data on numbers of patients with particular characteristics using our 'Data Discovery' link off the website. Our CRFs are available on the

website for use by others to improve standardisation of data collection in the field. A baseline manuscript is in preparation describing the cohort in detail.

# IPD sharing plan summary

Available on request

# **Study outputs**

| Output type           | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|-----------------------|---------|--------------|------------|----------------|-----------------|
| Plain English results |         |              |            | No             | Yes             |
| Results article       | results | 01/09/2019   | 05/03/2020 | Yes            | No              |