

# Multicentre study of early Epilepsy and Single Seizures

<b>Submission date</b> 23/10/2000	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/10/2000	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 23/07/2012	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof David Chadwick

**Contact details**  
Department of Neurological Science  
The Walton Centre  
Lower Lane  
Fazakerley  
Liverpool  
United Kingdom  
L9 7LJ  
+44 (0)151 529 5461  
dwc@liv.ac.uk

## Additional identifiers

**EudraCT/CTIS number**

**IRAS number**

**ClinicalTrials.gov number**

**Secondary identifying numbers**  
G9125371

# Study information

## Scientific Title

## Acronym

MESS

## Study objectives

1. To compare seizure recurrence rates associated with policies of immediate or delayed antiepileptic drug therapy in patients with single seizures and early epilepsy using a pragmatic randomized parallel group design.
2. To identify factors of prognostic importance in the recurrence of seizures in the early course of epilepsy
3. To examine the psychosocial outcome of the two randomized policies

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Study design

Multicentre randomised controlled trial

## Primary study design

Interventional

## Secondary study design

Randomised controlled trial

## Study setting(s)

Not specified

## Study type(s)

Treatment

## Participant information sheet

## Health condition(s) or problem(s) studied

Epilepsy

## Interventions

Immediate/delayed antiepileptic drug therapy

## Intervention Type

Other

## Phase

Not Specified

**Primary outcome measure**

Time to first seizure, time to remission, patient perceived quality of life

**Secondary outcome measures**

Not provided at time of registration

**Overall study start date**

01/01/1993

**Completion date**

31/12/2002

## **Eligibility**

**Key inclusion criteria**

1. An adequately documented recent history of one or more clinically definite spontaneous unprovoked epileptic seizures
2. Clinician is uncertain whether to treat or not

**Participant type(s)**

Patient

**Age group**

Adult

**Sex**

Both

**Target number of participants**

1800

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/01/1993

**Date of final enrolment**

31/12/2002

## **Locations**

**Countries of recruitment**

England

United Kingdom

**Study participating centre**  
**Department of Neurological Science**  
Liverpool  
United Kingdom  
L9 7LJ

## **Sponsor information**

### **Organisation**

Medical Research Council (MRC) (UK)

### **Sponsor details**

20 Park Crescent  
London  
United Kingdom  
W1B 1AL  
+44 (0)20 7636 5422  
[clinical.trial@headoffice.mrc.ac.uk](mailto:clinical.trial@headoffice.mrc.ac.uk)

### **Sponsor type**

Research council

### **Website**

<http://www.mrc.ac.uk>

## **Funder(s)**

### **Funder type**

Research council

### **Funder Name**

Medical Research Council

### **Alternative Name(s)**

Medical Research Council (United Kingdom), UK Medical Research Council, MRC

### **Funding Body Type**

Government organisation

### **Funding Body Subtype**

National government

### **Location**

## Results and Publications

### Publication and dissemination plan

Not provided at time of registration

### Intention to publish date

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2005		Yes	No
<a href="#">Results article</a>	results	01/04/2006		Yes	No
<a href="#">Results article</a>	results	28/11/2006		Yes	No
<a href="#">Results article</a>	results	07/12/2010		Yes	No
<a href="#">Results article</a>	results	01/08/2012		Yes	No