# Supplementation of very low birthweight (VLBW) babies with probiotic Bifidobacterium breve strain (BBG): a pilot study of tolerability and feasibility

Submission date	Recruitment status	<ul><li>Prospectively registered</li></ul>
12/09/2003	No longer recruiting	☐ Protocol
Registration date	Overall study status	Statistical analysis plan
12/09/2003	Completed	Results
Last Edited	Condition category	[] Individual participant data
19/09/2016	Neonatal Diseases	<ul><li>Record updated in last year</li></ul>

#### Plain English summary of protocol

Not provided at time of registration

# Contact information

# Type(s)

Scientific

#### Contact name

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# Additional identifiers

Protocol serial number N0024105932

# Study information

#### Scientific Title

Supplementation of very low birthweight (VLBW) babies with probiotic Bifidobacterium breve strain (BBG): a pilot study of tolerability and feasibility

#### **Study objectives**

- 1. Are the available preparations of live Bifidobacterium breve (BBG) at doses of  $0.5 \times 10/9$  colony forming units twice daily and the placebo (killed BBG), tolerated in the newborn baby less than 1500 g birthweight when started on the second day of life?
- 2. Is it feasible to administer these products on day two of life in this population?
- 3. Confirmation that this dose of BBG is adequate to achieve bowel colonisation
- 4. Is there a difference in stool Immunoglobulin A (IgA) concentration at 14 and 28 days of life in association with BBG supplement?

#### Ethics approval required

Old ethics approval format

#### Ethics approval(s)

Not provided at time of registration

#### Study design

Randomised controlled trial

#### Primary study design

Interventional

# Study type(s)

**Treatment** 

#### Health condition(s) or problem(s) studied

Neonatal Diseases: Low birth weight

#### **Interventions**

Randomised controlled trial, 20 per group to be fed live or killed BBG.

Group A: Bifidobacterium breve live strain

Group B: Placebo (BBG killed strain)

# Intervention Type

Supplement

# Primary outcome(s)

Thus is a pilot study of tolerability and feasibility. The main study will investigate whether BBG supplement is associated with reduced infection and antibiotic usage in this population.

# Key secondary outcome(s))

Not provided at time of registration

# Completion date

31/12/2003

# **Eligibility**

## Key inclusion criteria

Preterm babies more than 500 but less than 1500 g birthweight with no life threatening congenital malformations

# Participant type(s)

**Patient** 

## Healthy volunteers allowed

No

#### Age group

Neonate

#### Sex

All

#### Key exclusion criteria

Not provided at time of registration

#### Date of first enrolment

01/01/2002

#### Date of final enrolment

31/12/2003

# Locations

#### Countries of recruitment

United Kingdom

England

## Study participating centre Homerton University Hospital NHS Trust

London United Kingdom E9 6SR

# Sponsor information

#### Organisation

Department of Health (UK)

# Funder(s)

## Funder type

Government

#### **Funder Name**

Homerton University Hospital NHS Trust (UK)

# **Results and Publications**

Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## **Study outputs**

Output type Details Date created Date added Peer reviewed? Patient-facing?

Participant information sheet 11/11/2025 No Yes