Efficacy of rituximab in patients with systemic sclerosis

| Submission date | Recruitment status | Prospectively registered |
|-------------------|-------------------------------------|---|
| 20/10/2008 | No longer recruiting | Protocol |
| Registration date | Overall study status | Statistical analysis plan |
| 30/10/2008 | Completed | Results |
| Last Edited | Condition category | Individual participant data |
| 31/10/2008 | Skin and Connective Tissue Diseases | Record updated in last year |

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

EudraCT/CTIS number

IRAS number

ClinicalTrials.gov number

Secondary identifying numbers PGNP1/8/07

Study information

Scientific Title

Efficacy of rituximab in patients with systemic sclerosis: an open label randomised controlled study

Acronym

RTX-Scleroderma

Study objectives

Systemic sclerosis (SSc) is a chronic systemic autoimmune disease characterised by vasculopathy and progressive fibrosis. Rituximab (RTX) is a chimeric monoclonal antibody (mAb) against human CD20 that depletes peripheral B cells. It has been successfully introduced in the treatment of systemic rheumatic diseases and exhibits an acceptable safety profile. The preliminary encouraging results from the use of RTX in animal models of SSc and in humans with chronic graft-versus-host disease (GVHD) has led us to investigate more thoroughly the potential efficacy of RTX in patients with SSc in an open-label, prospective, randomised, controlled study.

Ethics approval required

Old ethics approval format

Ethics approval(s)

This study was aproved by the Ethics Committee of Patras University Hospital in February 2008.

Study design

Single-centre, open-label, randomised controlled trial

Primary study design

Interventional

Secondary study design

Randomised controlled trial

Study setting(s)

Hospital

Study type(s)

Treatment

Participant information sheet

Not available in web format, please use the contact details below to request a patient information sheet

Health condition(s) or problem(s) studied

Systemic sclerosis (SSc)

Interventions

The participants were randomly allocated to the following two arms (ratio 1:1): Rituximab arm: four weekly intravenous (IV) pulses of rituximab (375 mg/m 2) x 6 (24 weeks in total) and standard treatment

Control arm: standard treatment alone

Patients were fully evaluated at baseline and 24 weeks.

Intervention Type

Drug

Phase

Phase II

Drug/device/biological/vaccine name(s)

Rituximab

Primary outcome measure

- 1. Changes in skin histology including collagen deposition and lymphocytic infiltration
- 2. Changes in pulmonary function as assessed by PFT

Timepoints of assessment for primary and secondary outcomes: baseline and 24 weeks.

Secondary outcome measures

- 1. Clinical assessment of skin involvement by the Modified Rodnan Skin Score (MRSS)
- 2. Changes in HRCT scores
- 3. Changes in serum levels of soluble markers
- 4. Changes in overall functional impairment, assessed by the Health Assessment Questionnaire (HAQ)

Timepoints of assessment for primary and secondary outcomes: baseline and 24 weeks.

Overall study start date

15/03/2008

Completion date

15/06/2009

Eligibility

Key inclusion criteria

- 1. Both males and females
- 2. Detection of anti-Scl-70 autoantibodies in their sera
- 3. Presence of SSc-associated interstitial lung disease (ILD) as indicated by findings in either high-resolution computed tomography (HRCT) of the chest or pulmonary function tests (PFT) or both
- 4. Absence of any changes in medications and/or dosage of treatment administered during the last 12 months before enrolment

Participant type(s)

Patient

Age group

Adult

Sex

Both

Target number of participants

15

Key exclusion criteria

Aged less than 18 years

Date of first enrolment

15/03/2008

Date of final enrolment

15/06/2009

Locations

Countries of recruitment

Greece

Study participating centre 25th Martiou

Patras

Greece

26504

Sponsor information

Organisation

University Hospital of Patras (Greece)

Sponsor details

Rheumatology Department

Department of Rheumatology

Rion

Patras

Greece

26504

Sponsor type

University/education

ROR

https://ror.org/03c3d1v10

Funder(s)

Funder type

Research organisation

Funder Name

Hellenic Society for Rheumatology (Greece)

Results and Publications

Publication and dissemination plan

Not provided at time of registration

Intention to publish date

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration