

The effectiveness of support groups for people suffering from psychosis: a randomised controlled trial

Submission date 22/11/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 22/11/2006	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 30/03/2011	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives

Participation in support groups leads to an improvement in quality of life, social support, social network, self-efficacy and self-esteem.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Medisch Ethische Toetsingscommissie of the University Medical Center Groningen, Groningen, The Netherlands, approval received on May 2, 2003 (reference number: METC 2003/053).

Primary study design

Interventional

Study design

Randomised controlled, parallel armed trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Schizophrenia, Psychosis

Interventions

Meetings with approximately ten patients, were held every two weeks with minimal professional guidance. Topics of discussion were put forward by the participants. All procedures were protocolised.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Quality of Life: World Health Organisation (WHO) Quality of Life brief

Key secondary outcome(s)

1. Social support
2. Social network
3. Self-efficacy
4. Self-esteem
5. Psychopathology

Completion date

01/12/2007

Eligibility**Key inclusion criteria**

1. Suffered from one or more psychotic episodes
2. Outpatient
3. 18 years or older

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Lower age limit

18 Years

Sex

Not Specified

Key exclusion criteria

1. Drug- or alcohol misuse
2. Suffering from psychotic symptoms that influence the group process

Date of first enrolment

01/02/2003

Date of final enrolment

01/12/2007

Locations**Countries of recruitment**

Netherlands

Study participating centre

University Medical Center Groningen

Groningen

Netherlands

9700 RB

Sponsor information**Organisation**

University Medical Center Groningen (UMCG) (The Netherlands)

ROR

<https://ror.org/03cv38k47>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organization for Health Research and Development (ZonMw) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/02/2011		Yes	No
Abstract results		01/04/2005		No	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes