

Hope for chronically suicidal patient: evaluating the clinical and health services impact of dialectical behaviour therapy (DBT) in individuals with borderline personality disorder

Submission date 16/11/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 16/11/2005	Overall study status Completed	☐ Protocol
Last Edited 21/09/2009	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

MCT-58343

Study information

Scientific Title

Evaluating the clinical and health services impact of dialectical behaviour therapy (DBT) in individuals with borderline personality disorder: a randomised controlled trial

Study objectives

To evaluate the clinical and cost effectiveness of dialectical behaviour therapy (DBT) for chronically suicidal patients with borderline personality disorder (BPD).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Research Ethics Board of Centre for Addiction and Mental Health, University of Toronto approved on 28th October 2002

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Borderline personality disorder (BPD)

Interventions

1. Dialectical behaviour therapy (Linehan, 1993)
2. General Psychiatric Management based on the American Psychiatric Association (APA) practice guidelines

Trial details received: 12 Sept 2005

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Parasuicidal behaviour

Key secondary outcome(s)

1. Psychiatric hospitalisation
2. Psychiatric symptoms
3. Anger
4. Treatment retention
5. Social functioning

Completion date

30/09/2007

Eligibility

Key inclusion criteria

1. Meet Diagnostic and Statistical Manual of Mental Disorders, Fourth edition (DSM-IV) criteria for BPD
2. Be between 18 - 60 years of age, either sex
3. Have had two Para-suicide episodes in the past 5 years with one occurring in the past 3 months
4. Have had OHIP insurance coverage for 1 year or more
5. Be literate in English
6. Provide informed consent to participate in study
7. Agree to be compliant with prescribed psychotropic medication(s)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

1. Current active substance dependence disorder
2. Psychotic disorder, bipolar or dementia
3. Evidence of an organic brain syndrome or mental retardation
4. Chronic or serious physical health problem that may require hospitalisation with the next year
5. Medical condition that would preclude the psychiatric medication regimen
6. Currently engaged in DBT or in GPM at St Michael's Hospital

Date of first enrolment

01/10/2002

Date of final enrolment

30/09/2007

Locations

Countries of recruitment

Canada

Study participating centre
Centre for Addiction and Mental Health
Toronto
Canada
M5S 2S1

Sponsor information

Organisation

The Centre for Addiction and Mental Health (Toronto) (Canada)

ROR

<https://ror.org/03e71c577>

Funder(s)

Funder type

Research organisation

Funder Name

Canadian Institutes of Health Research (CIHR) (Canada) - <http://www.cihr-irsc.gc.ca> (ref: MCT-58343)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2009		Yes	No