

Strengthening motivational interviewing skills following initial training: trial of workplace-based reflective practice

Submission date
29/09/2006

Recruitment status
No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date
29/09/2006

Overall study status
Completed

☐ Statistical analysis plan

☒ Results

Last Edited
05/10/2011

Condition category
Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0321174862

Study information

Scientific Title

Study objectives

Motivational interviewing (MI) is a counselling intervention to help develop their motivation for change. The aim of this study is to evaluate effective methods of delivering low-cost work place-based MI training that encourages reflective practice to people who have been trained in MI but do not necessarily put it into practice. How can we deliver training to ensure MI is used in the workplace?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Motivational interviewing/ counselling

Interventions

Randomised controlled trial.

Comparison groups:

1. Participants who attend a MI revival meeting (one-day refresher course).
2. Participants who attend a MI revival meeting and In addition receive the 'Twelve Hours to Enhance Motivational Effectiveness' (THEME) workplace-based MI training.

Participants will be assessed before the MI revival meeting and again approximately 4 months later.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Competence in MI will be measured using the motivational interviewing treatment integrity (MITI) code (with behaviour counts of giving information, MI-adherent and non-adherent utterances, open and closed questions, simple and complex reflections and global ratings of MI spirit and empathy).

Key secondary outcome(s))

Not provided at time of registration

Completion date

30/09/2006

Eligibility

Key inclusion criteria

Any professional who has been through competent training in MI, provided by a trainer recognised by the Motivational Interviewing Network of Trainers (MINT) in the past 10 years. The target total recruitment for there trial is 50 people.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Unlikely to be carrying out clinical work during most of the duration of the project.

Date of first enrolment

01/09/2005

Date of final enrolment

30/09/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Core Addiction Services

Bournemouth

United Kingdom

BH1 4LB

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Dorset Healthcare NHS Trust (UK)

Funder Name

NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2007		Yes	No