

Screening and Intervention Programme for Sensible drinking - Primary Health Care

Submission date 30/04/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 08/06/2007	Overall study status Completed	<input checked="" type="checkbox"/> Protocol
Last Edited 22/02/2013	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
SIPS-PHC

Study information

Scientific Title
Pragmatic cluster randomised controlled trial evaluating the effectiveness and cost-effectiveness of primary health care screening and brief alcohol intervention

Acronym

SIPS (PHC)

Study objectives

The more intensive brief interventions for hazardous and harmful drinkers will be more effective, as follows: lifestyle counselling is more effective than simple structured advice, which is in turn more effective than a patient information leaflet.

As of 11/03/2009 this record was updated to include an extended anticipated end date; the initial end date at the time of registration was 31/12/2008. At this time, the sponsor field was also updated to include the current sponsor of Institute of Psychiatry, King's College London (UK). The initial sponsor at the time of registration was St George's University of London (UK).

Ethics approval required

Old ethics approval format

Ethics approval(s)

London Local Research Ethics Committees (LREC) approved on the 30th March 2007 (ref: 06 /MRE02/90)

Study design

Pragmatic cluster randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Hazardous alcohol consumption in primary care

Interventions

1. Control condition: Practices in the control condition will record the screening outcome, feedback the result of screening to patients and offer them a Patient Information Leaflet (PIL).

The PIL to be used in this trial Alcohol and Sensible Drinking is readily available to Primary Health Care (PHC) clinicians via the EMIS computer system and contains details of a Drinkline telephone number. We will ensure that practice not using EMIS have a comparable written PIL available.

2. Simple structured advice: Clinicians who may be GPs or primary care nurses will feed back the results of screening to patients and deliver up to 5 minutes of simple structured advice, using the Drink-Less brief intervention materials (level 1), and offer them a PIL identical to that in the control condition.

3. Brief lifestyle counselling: Clinicians who may be GPs or primary care nurses will feedback the results of screening to patients and deliver 15-20 minutes of lifestyle counselling using the Drink-Less brief intervention materials (level 2).

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Alcohol Use Disorders Identification Test (AUDIT) at baseline and 6 months.

Key secondary outcome(s)

The following will be assessed at baseline and 6 months:

1. EQ-5D questionnaire (quality of life assessment)
2. Service utilisation
3. Alcohol Problems Questionnaire
4. Staff attitudinal and organisational measure

Completion date

30/06/2010

Eligibility**Key inclusion criteria**

1. Positive screening result on Fast Alcohol Screen Test (FAST) or the Single Alcohol Screening Questionnaire (SASQ)
2. Patient who is alert and orientated
3. Aged 18 or over, either sex
4. Able to speak English sufficiently well to complete study questionnaires
5. Resident within England

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Sex

All

Key exclusion criteria

1. Patients already in contact with alcohol services
2. Those already included in the study
3. Those requesting tertiary level help with alcohol problems
4. Significant psychiatric disorder

Date of first enrolment

01/04/2007

Date of final enrolment

30/06/2010

Locations

Countries of recruitment

United Kingdom

England

Study participating centre**Section of Alcohol Research**

London

United Kingdom

SE5 8BB

Sponsor information

Organisation

Institute of Psychiatry, Kings College London (UK)

ROR

<https://ror.org/0220mzb33>

Funder(s)

Funder type

Government

Funder Name

Department of Health (UK) - part of an action under the governments Alcohol Harm Reduction Strategy for England (2004)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	09/01/2013		Yes	No
Protocol article	protocol	10/08/2009		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes