

Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

Submission date 29/09/2006	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 29/09/2006	Overall study status Completed	☐ Statistical analysis plan ☐ Results
Last Edited 21/04/2015	Condition category Circulatory System	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Mrs E Brown

Contact details
The Hillingdon Hospital NHS Trust
Pield Heath Road
Uxbridge
Hillingdon
United Kingdom
UB8 3NN

Additional identifiers

Protocol serial number
N0388170251

Study information

Scientific Title

Does counselling benefit post-myocardial infarct patients in reducing anxiety/depression and enable them to make positive life style changes in comparison to a non-counselled group?

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled study

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Cardiovascular: Infarction

Interventions

Counselling vs non counselling

Intervention Type

Behavioural

Primary outcome(s)

1. Improve quality of life of myocardial infarct patients
2. Comparison of HAD scores (Hospital Anxiety & Depression scale) at six-eight weeks post-discharge and 6 months
3. The CORE (Clinical Outcome Routine Evaluation) will also be used

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2007

Eligibility**Key inclusion criteria**

All confirmed myocardial infarction with either an ST elevation myocardial infarctions confirmed by raised CK and SHBD and Non ST elevation myocardial infarctions confirmed by a positive Troponin T of >0.1micrograms.L-1.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

1. MI patients that do not fit the inclusion criteria
2. HAD Score at 12 weeks of below 8 and above 21 will be excluded from the study

Date of first enrolment

01/02/2004

Date of final enrolment

01/01/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

The Hillingdon Hospital NHS Trust

Hillingdon

United Kingdom

UB8 3NN

Sponsor information**Organisation**

Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type

Government

Funder Name

Hillingdon Hospital NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration