

Brief alcohol intervention in emergency

Submission date 29/05/2006	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 11/09/2006	Overall study status Completed	☐ Protocol
Last Edited 21/09/2007	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
3200-067949

Study information

Scientific Title

Study objectives
Brief alcohol intervention for hazardous drinkers admitted to the Emergency Department.

Ethics approval required
Old ethics approval format

Ethics approval(s)

Ethics approval received from the Clinical Research Ethics Committee, Faculty of Medicine, University of Lausanne on the 8th January 2003 (ref: 193/01).

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Hazardous drinkers

Interventions

A single session 15 minutes brief alcohol intervention including six steps:

1. Thank the patient for participation and provide reassurance about confidentiality
2. Provide feedback about patient's alcohol use compared to similar measures for men and women in the Swiss community and ask the patient's opinion of the feedback
3. Ask the patient to explore the pros and cons of his/her alcohol use
4. Use a one to ten scale to explore patient's importance and readiness to change his/her drinking pattern
5. Ask if the patient feels ready to set an objective and provide positive reinforcement about their ability to achieve this objective
6. Give each patient written material including their Alcohol Screen (AUDIT) score, drinking pattern percentiles compared to the Swiss community, and their drinking pattern objectives.

There were two control groups:

1. Control group one completed the two minute lifestyle screener and a 30-minute face-to-face interview including assessment of alcohol use and alcohol-related consequences and a medical history. They were then contacted 12-month later for follow-up
2. Control group two completed the two minute lifestyle screener, signed a consent form and were contacted 12 month later for follow-up

Usual care does not include any intervention regarding alcohol. Alcohol use is generally addressed with a single yes-no question about patients' alcohol use. Neither systematic nor case finding strategies of counseling or referral are conducted routinely.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. A 20% decrease in number of drinks per week
2. A 20% decrease in monthly binge drinking frequency
3. Number of medical consultations
4. Days hospitalised and days out of work

Key secondary outcome(s)

1. Drinking quantity
2. Frequency
3. Hazardous drinking consequences
4. Health related quality of life

Completion date

30/06/2005

Eligibility**Key inclusion criteria**

Consecutive patients aged 18 and over admitted to the Emergency Department from 11 am to 11 pm daily from January 2003 to June 2004.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

1. Patients under 18
2. A history of alcohol-related treatment over the last 12 months
3. Did not qualify for hazardous drinking over the last 30 days
4. Were clinically intoxicated
5. Medical condition that precluded a face-to-face interview

Date of first enrolment

01/01/2004

Date of final enrolment

30/06/2005

Locations**Countries of recruitment**

Switzerland

Study participating centre
Mont-Paisible 16
Lausanne
Switzerland
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Sponsor information

Organisation
Swiss National Science Foundation (Switzerland)

ROR
<https://ror.org/00yjd3n13>

Funder(s)

Funder type
Research organisation

Funder Name
Swiss National Science Foundation (Switzerland) (ref: 3200-067949)

Alternative Name(s)
Schweizerischer Nationalfonds, Swiss National Science Foundation, Fonds National Suisse de la Recherche Scientifique, Fondo Nazionale Svizzero per la Ricerca Scientifica, Fonds National Suisse, Fondo Nazionale Svizzero, Schweizerische Nationalfonds, The Swiss National Science Foundation (SNSF), SNF, SNSF, FNS

Funding Body Type
Private sector organisation

Funding Body Subtype
Trusts, charities, foundations (both public and private)

Location
Switzerland

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/08/2007		Yes	No