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The Effectiveness of Acupuncture for Insomnia

Submission date	Recruitment status	[ ] Prospectively registered
18/08/2007	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
03/09/2007	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
03/09/2007	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Yu-Yang Chiang

Contact details
145 Zhengzhou Road
Datong District
Taipei City
Taiwan
10341
+886 2 25523234 ext 5207
chiang3940@yahoo.com.tw

Additional identifiers

Protocol serial number
096XDAA00028

Study information

Scientific Title

Acronym
EAI

Study objectives
Traditional Chinese Medicine (TCM) Meridian Theory.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by the Institutional Review Board at Taipei City Hospital (IRB/TCH) (ref: 960302)

Primary study design
Interventional

Study design
Randomized controlled trial.

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Insomnia

Interventions
1. Acupuncture
2. Stilnox® (non-benzodiazepines) 5 mg/day at bedtime (hs) for 4 weeks

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Pittsburgh Sleep Quality Index (PSQI) records (PSQI assessment will be carried out on a weekly basis).

Key secondary outcome(s)
Serious adverse events.

Completion date
31/05/2008

Eligibility

Key inclusion criteria
Participants suffering from insomnia who have not taken any sleep medications associated with psychiatric disorders within 30 days.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
All

Key exclusion criteria
1. Pregnancy
2. Central nervous system disease such as seizure disorder, cerebrovascular disease, dementia etc.

Date of first enrolment
03/08/2007

Date of final enrolment
31/05/2008

Locations

Countries of recruitment
Taiwan

Study participating centre
145 Zhengzhou Road
Taipei City
Taiwan
10341

Sponsor information

Organisation
Taipei City Hospital (Taiwan)

ROR
https://ror.org/02gzfb532

Funder(s)

Funder type
Not defined

Funder Name
Taipei City Government (Taiwan)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration