

Does befriending by trained lay workers improve psychological well-being and quality of life for carers of people with dementia, and at what cost?: a randomised controlled trial.

Submission date 25/04/2003	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 25/04/2003	Overall study status Completed	☐ Protocol
Last Edited 25/08/2009	Condition category Nervous System Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

HTA 99/34/07

Study information

Scientific Title

Acronym

BECCA

Study objectives

1. To randomly allocate carers of people with dementia to one of two groups (access to an employed befriending facilitator vs. usual care) and follow-up for 3 years post-randomisation in order to compare: carer stress and coping strategies, quality of life in both the carers and people with dementia; resources use; and survival.
2. To document direct and indirect costs in both the intervention and control group, calculating the costs from the perspective of health, social and voluntary services and families involved in dementia care, and establish incremental cost-effectiveness.
3. To employ a befriending facilitator to collaborate with relevant voluntary agencies in recruiting, training and supporting befrienders, and matching befrienders to care dyads.
4. To disseminate project outputs including: effectiveness and cost effectiveness; model of befriender support and training.

Please note that the target number of participants was added as of 25/08/2009.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Nervous system diseases: Dementia

Interventions

Access to an employed befriending facilitator vs. standard care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Carer stress and coping strategies, quality of life in both the carers and people with dementia

Key secondary outcome(s)

Not provided at time of registration.

Completion date

30/09/2006

Eligibility

Key inclusion criteria

Carers of people with dementia

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Not provided at time of registration.

Date of first enrolment

01/01/2002

Date of final enrolment

30/09/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Lecturer in Clinical & Hlth Psychology of Old Age

London

United Kingdom

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Sponsor information

Organisation

Department of Health (UK)

ROR

<https://ror.org/03sbpja79>

Funder(s)

Funder type

Government

Funder Name

NIHR Health Technology Assessment Programme - HTA (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	07/06/2008		Yes	No
Other publications	HTA monograph	01/03/2008		Yes	No