

Surgery and physiotherapy for prolapse to avoid recurrence: a feasibility study

Submission date 01/06/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 02/08/2010	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 02/06/2015	Condition category Urological and Genital Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
PRF/09/1

Study information

Scientific Title

A two-group, single-blind, randomised controlled study to assess the feasibility of physiotherapy following surgery for prolapse to avoid recurrence

Acronym

SUPER

Study objectives

Women who undergo physiotherapy intervention following surgery for pelvic organ prolapse have short and long term symptom benefit when compared to those who do not have such an additional intervention

Ethics approval required

Old ethics approval format

Ethics approval(s)

Under application

Primary study design

Interventional

Study design

Two-group single-blind feasibility study

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Pelvic organ prolapse

Interventions

The control group will receive a lifestyle advice only

The treatment group will receive one pre-operative appointment, one post-operative appointment on the ward, followed by 6 appointments with a physiotherapist to encourage pelvic floor muscle training. Home exercises and lifestyle advice will also be provided.

Intervention Type

Behavioural

Primary outcome(s)

1. Pelvic organ prolapse symptom score
2. Organ prolapse quantification system

All outcome measures will be completed pre-intervention and 6 and 12 months post-intervention

Key secondary outcome(s)

1. Incontinence Questionnaire Short Form (ICIQ-SF)
2. Pelvic Organ Prolapse/Urinary Incontinence Sexual Questionnaire (PISQ-12)
3. Digital assessment of pelvic floor muscles
4. SF-12

All outcome measures will be completed pre-intervention and 6 and 12 months post-intervention

Completion date

31/05/2012

Eligibility

Key inclusion criteria

Women who undergo surgery for pelvic organ prolapse and are able to attend for pre and post operative follow-ups

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Women who have undergone individual Pelvic Floor Muscle Training (PFMT) during the previous 3 years or have undergone surgery for gynaecological cancer

Date of first enrolment

01/06/2010

Date of final enrolment

31/05/2012

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre

Glasgow Caledonian University

Glasgow

United Kingdom

G4 0BA

Sponsor information

Organisation

Physiotherapy Research Foundation (UK)

ROR

<https://ror.org/04sn78z72>

Funder(s)

Funder type

Charity

Funder Name

Physiotherapy Research Foundation (UK) (ref: PRF/09/1)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2014		Yes	No