

# ELSID - Evaluation of a Large Scale Implementation of Disease Management Programmes for patients with type 2 diabetes

<b>Submission date</b> 22/06/2005	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
<b>Registration date</b> 20/07/2005	<b>Overall study status</b> Completed	<input checked="" type="checkbox"/> Protocol
<b>Last Edited</b> 02/10/2017	<b>Condition category</b> Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

## Study information

**Scientific Title**  
ELSID - Evaluation of a Large Scale Implementation of Disease Management Programmes for patients with type 2 diabete: a randomised controlled trial

**Acronym**  
ELSID

**Study objectives**

1. The German-Diabetes-Disease Management Program (DMP 1) is more effective than routine diabetes care (CG)
2. An optimally implemented form of the Diabetes-Disease Management Program (DMP 2) is more effective than the German-Diabetes-DMP(DMP 1).

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Type 2 diabetes

**Interventions**

Randomisation between DMP 1 and DMP 2.

GPs in the DMP 1 group will offer regular consultations at 3- or 6-month intervals including detailed diabetes-specific anamnesis, physical examination including taking blood pressure and analysis of HbA1c. Agreements are made concerning further treatment, eg target values for HbA1c and blood pressure and participation in patient education programmes for diabetes or hypertension. All medical findings and the current medication have to be documented within structured, standardized documentation sheets at each consultation. If required a referral to a specialist (eg ophthalmologist) will be arranged.

In addition, in the DMP 2 group the following interventions are planned: interactive quality circle meetings for the GPs, educational meetings for medical assistants in the practices, outreach visits including the practice team, homepage with 'best practice' examples.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

HbA1c and blood pressure.

**Key secondary outcome(s)**

Prescriptions, hospitalizations, referrals, severe complications, SCORE risk chart.

**Completion date**

31/07/2008

## Eligibility

**Key inclusion criteria**

Control group: Practices and patients with type 2 diabetes not participating in a Diabetes-Disease Management Programme

DMP 1 and DMP 2 group: Practices and patients with type 2 diabetes participating in a Diabetes-Disease Management Programme

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Control group: Practices or Patients participating in any Disease Management Programmes

**Date of first enrolment**

01/08/2005

**Date of final enrolment**

31/07/2008

## Locations

**Countries of recruitment**

Germany

**Study participating centre**

Vossstrasse 2

Heidelberg

Germany

69115

## Sponsor information

## Organisation

AOK-Bundesverband (Germany)

## ROR

<https://ror.org/004cmqw89>

## Funder(s)

### Funder type

Industry

### Funder Name

AOK-Bundesverband

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>	protocol	04/10/2005		Yes	No