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Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Submission date	Recruitment status	[ ] Prospectively registered
29/09/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
29/09/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
18/02/2021	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0042161224

Study information

Scientific Title

Pilot: Two integrated pilot evaluations of a CD-ROM based Multi-Media intervention for carers of young people with anorexia nervosa

Study objectives
1. To increase our knowledge of models/components of effective care-giving in eating disorders
2. To study a computerised intervention designed for carers of people with anorexia nervosa

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Mental and Behavioural Disorders: Anorexia nervosa

Interventions
A computerised intervention for carers of people with anorexia nervosa has been developed in the SLaM Eating Disorders Unit. This CD-ROM contains 9 interactive modules, which teach carers disease- and self-management skills.

A cohort of carers of people with anorexia nervosa will be offered to access the CD-ROM in the eating disorders clinic over 6 to 8 weeks or to take it home. An assessment of carer and patient variables will be conducted prior to starting the CD-ROM, at 8 weeks and at follow up 2 months later.

A randomised controlled trial will compare Anorexia Nervosa carers recruited via the Eating Disorders Association comparing CD-Rom vs informal support offered via the Eating Disorders Association

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Carer-related measures

Key secondary outcome(s)
Not provided at time of registration

Completion date
09/02/2008

Eligibility

Key inclusion criteria
Carers of people with Anorexia Nervosa, uptake of CD-ROM, attitudes to self-help

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Not Specified

Total final enrolment
64

Key exclusion criteria
1. Carers of people with eating disorders other than anorexia nervosa
2. Carers/parents with severe learning difficulties or a major mental illness

Date of first enrolment
01/01/2005

Date of final enrolment
09/02/2008

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Outpatient Dept
London
United Kingdom
SE5 8AZ

Sponsor information

Organisation
Record Provided by the NHSTCT Register - 2006 Update - Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
South London and Maudsley NHS Trust

Funder Name
NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/2011	18/02/2021	Yes	No