ISRCTN10236642 https://doi.org/10.1186/ISRCTN10236642

Can a university course help communicate palliative care?

Submission date	Recruitment status	[_] Prospectively registered
31/01/2023	No longer recruiting	[X] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
01/02/2023	Completed	[_] Results
Last Edited	**Condition category**	[_] Individual participant data
17/06/2024	Other	[_] Record updated in last year

Plain English summary of protocol
Background and study aims
Society associates palliative care with "death" or "end of life", which causes them fear and anxiety. The media worsens the misunderstanding by depicting a wrong picture of palliative care. Educational innovation for university students may serve as an alternative communication strategy. Care and Society is a university course designed by and for students from non-health degrees to help disseminate the palliative care message. The first year of the Teach-Inn Pal project aims to evaluate the effects of the course and to identify areas of improvement.

Who can participate?
University students enrolled in the course

What does the study involve?
University students are invited to test and redesign the palliative care message. Knowledge and empathy will be measured throughout the learning process. Afterwards, analysis of the course material will be carried out.

What are the possible benefits and risks of participating?
Participants may benefit from learning about palliative care and the concept of care within our society. There are no risks.

Where is the study run from?
The University of Navarra (Spain)

When is the study starting and how long is it expected to run for?
November 2021 to October 2024

Who is funding the study?
The University of Navarra (Spain)

Who is the main contact?
Ana Paula Salas, asalasmo@unav.es

Contact information

Type(s)
Public

Contact name
Miss Ana Paula S Salas Moreira

ORCID ID
https://orcid.org/0000-0003-2690-5089

Contact details
Av. Plaza Norte 6 (7C)
Barañain
Spain
31010
+34 (0)645599506
asalasmo@unav.es

Additional identifiers

Study information

Scientific Title
Educational innovation as a communication strategy in palliative care (Teach-Inn Pal)

Acronym
Teach-Inn Pal

Study objectives
The Care and Society course can work as a campaign to refocus public opinion on palliative care

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved 17/02/2022, University of Navarra Research Ethics Committee (Av. Pío XII, 36. 31008 Pamplona. Spain; +34 (0)948 255 400; ceic@unav.es), ref: 2021.204

Primary study design
Observational

Study design
Prospective participatory action research study

Study type(s)
Other

Health condition(s) or problem(s) studied

Palliative care

Interventions
University students enrolled in the course (n = 29) are invited to test and redesign the palliative care message. Knowledge and empathy will be measured throughout the learning process. Afterwards, qualitative, thematic, inductive analysis of the course material will be carried out.

Intervention Type
Behavioural

Primary outcome(s)
The knowledge and attitudes of the students are measured through a Palliative Care Knowledge Questionnaire and a Cognitive and Affective Empathy Test (TECA) before, during and after the course

Key secondary outcome(s)
The retention of the knowledge and the retransmission of the message will be assessed through in-depth interviews 5 months after the course is over

Completion date
31/10/2024

Eligibility

Key inclusion criteria
Students in their second or subsequent years of university at the Schools of Economics and Business, Architecture, Education and Psychology

Participant type(s)
Other

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Total final enrolment
29

Key exclusion criteria
Students in fields somewhat related to health will not be admitted

Date of first enrolment
01/01/2022

Date of final enrolment

15/01/2022

Locations

Countries of recruitment
Spain

Study participating centre
University of Navarra
Campus universitario
Pamplona, Navarra
Spain
31007

Sponsor information

Organisation
University of Navarra

ROR
https://ror.org/02rxc7m23

Funder(s)

Funder type
University/education

Funder Name
Universidad de Navarra

Alternative Name(s)
University of Navarra

Funding Body Type
Private sector organisation

Funding Body Subtype
Universities (academic only)

Location
Spain

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated during and/or analyses during current study are not expected to be made available due to the data protection law in Spain.

IPD sharing plan summary

Stored in non-publicly available repository, Not expected to be made available

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Protocol article		09/06/2023	12/06/2023	Yes	No
Participant information sheet			31/01/2023	No	Yes
Protocol file			31/01/2023	No	No