

# Clearance of molecules and inflammatory markers: high-flux vs medium cut-off dialyzers

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 16/12/2024	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 03/03/2025	<b>Condition category</b> Urological and Genital Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Chronic kidney disease (CKD) remains a significant public health challenge, particularly among older adults. Patients on hemodialysis face elevated cardiovascular risks due to the incomplete removal of harmful substances, known as uremic toxins. The ELISIO™ medium cut-off (MCO) dialyzer aims to enhance the removal of these toxins. This study evaluates whether the ELISIO™ dialyzer is at least as effective as, or potentially better than, a standard high-flux dialyzer in removing toxins, reducing inflammation, and minimizing complications.

### Who can participate?

Adults currently undergoing regular hemodialysis at least three times per week for three months

### What does the study involve?

Participants are randomly assigned to use either the ELISIO™ or a standard dialyzer (NS21) for 2 weeks, then switch to the other dialyzer for another 2 weeks. Blood samples are taken before and after dialysis sessions to measure toxin levels, inflammation markers, and potential albumin loss. Adverse events and side effects are monitored and recorded.

### What are the possible benefits and risks of participating?

Participants contribute to advancing dialysis treatment knowledge, potentially improving care for future patients. Risks are minimal and include standard dialysis-related side effects, such as low blood pressure or allergic reactions, observed at similar rates for both dialyzers.

### Where is the study run from?

Torrecárdenas University Hospital (Spain)

### When is the study starting and how long is it expected to run for?

September 2022 to July 2023

### Who is Funding the study?

Nipro (Spain)

Who is the main contact?

Javier Ramírez-Santos, jrs519@inlumine.ual.es

## Contact information

### Type(s)

Principal investigator

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### Protocol serial number

ELISIO 110/2022

## Study information

### Scientific Title

Comparison of molecule clearance and pro-inflammatory markers between high-flux and medium cut-off dialyzers (ELISIO™ 21): a cross-over study

### **Study objectives**

ELISIO™ is non-inferior to the comparator high-flux dialyzer (NS21).

### **Ethics approval required**

Ethics approval required

### **Ethics approval(s)**

approved 14/09/2022, Torrecárdenas University Hospital Ethics Committee (CEIm) (C /Hermandad Donantes de Sangre s/n, Almería, 04009, Spain; +34 950 016 531; al42\_cetico\_ch. hto.sspa@juntadeandalucia.es), ref: 110/2022

### **Study design**

Randomized cross-over study

### **Primary study design**

Interventional

### **Study type(s)**

Treatment, Safety, Efficacy

### **Health condition(s) or problem(s) studied**

End-stage renal disease

### **Interventions**

A simple randomization method was used to select participants from the eligible candidates. Group allocation, determined by the dialyzer type, was also assigned through randomization based on each patient's dialysis shift.

Participants are randomly assigned to use either the ELISIO™ or a standard dialyzer (NS21) for 2 weeks, then switch to the other dialyzer for another 2 weeks. Blood samples are taken before and after dialysis sessions to measure toxin levels, inflammation markers, and potential albumin loss. Adverse events and side effects are monitored and recorded.

Participants underwent treatment three times per week, either on Monday/Wednesday/Friday or Tuesday/Thursday/Saturday shifts. For the first two weeks, treatment was conducted using the initial dialyzer, followed by an additional two weeks with the second dialyzer.

### **Intervention Type**

Device

### **Phase**

Phase III

### **Drug/device/biological/vaccine name(s)**

MCO ELISIO™ 21HX dialyzer

### **Primary outcome(s)**

Pre- and post-dialysis levels of creatinine (mg/dL), urea (mg/dL), phosphorus (mg/dL), parathyroid hormone (PTH, pg/mL), and albumin (g/dL) measured using blood sample analysis at the laboratory of Torrecárdenas University Hospital in blood samples collected during the second weekly session of each patient

### **Key secondary outcome(s)**

Pre- and post-dialysis levels of beta-2 microglobulin (mg/L), myoglobin (ng/mL), C-reactive protein (CRP, mg/L), procalcitonin (ng/mL), and interleukin-6 (IL-6, pg/mL) measured using blood sample analysis at the laboratory of Torrecárdenas University Hospital in blood samples collected during the second weekly session of each patient

### **Completion date**

30/07/2023

## **Eligibility**

### **Key inclusion criteria**

Being on renal replacement therapy with hemodialysis for at least 3 months prior to inclusion

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Total final enrolment**

12

### **Key exclusion criteria**

1. Patients with treatment regimens of fewer than three sessions per week
2. Minors
3. Patients hospitalized or deceased during the study

### **Date of first enrolment**

01/10/2022

### **Date of final enrolment**

20/10/2022

## **Locations**

## Countries of recruitment

Spain

## Study participating centre

Torrecárdenas University Hospital

C. Hermandad de Donantes de Sangre, s/n

Almería

Spain

04009

## Sponsor information

### Organisation

Nipro (Japan)

### ROR

<https://ror.org/03creg496>

## Funder(s)

### Funder type

Industry

### Funder Name

Nipro

### Alternative Name(s)

Nipro Corporation, Nipro Corp., Nipro Medical Corporation, , , Nipro Kabushiki-gaisha

### Funding Body Type

Government organisation

### Funding Body Subtype

For-profit companies (industry)

### Location

Japan

## Results and Publications

### **Individual participant data (IPD) sharing plan**

The datasets generated during and/or analysed during the current study will be available upon request from Javier Ramírez-Santos (jrs519@inlumine.ual.es).

### **IPD sharing plan summary**

Available on request