

# Effects of pressure garment in managing arm function among stroke patients

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 06/06/2019	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
<b>Last Edited</b> 21/05/2020	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

After a stroke (a serious life-threatening medical condition that occurs when the blood supply to part of the brain is cut off), damage to the brain can block messages between muscles and the brain causing arm and leg muscles to cramp or spasm (spasticity). This post-stroke condition makes daily activities such as bathing, eating and dressing more difficult. Spasticity can cause long periods of strong contractions in major muscle groups, causing painful muscle spasms. The aim of this study is to test the effect of a new tight-fitting pressure garment worn on the affected arm/hand on spasticity over a six-week occupational therapy program.

### Who can participate?

Aged 21 years old and above, between one month and 12 months post-stroke.

### What does the study involve?

All participants will take part in a conventional occupational therapy program for two hours every week. Half of the participants will wear a custom fitted pressure garment on the affected arm for six hours a day for six weeks.

### What are the possible benefits and risks of participating?

There may or may not be any benefits of participating in the study. Information obtained from this study will help improve the treatment or management of other participants with the same disease or condition.

#### Potential risks of participating in this study:

- Upper extremity becomes discoloured (white/ blue) or skin allergy.
- Pain and loss of sensation in the affected hand.
- The pressure garment is too tight and painful.

The participants are allowed to remove pressure garment if these symptoms occur and inform the therapist immediately.

### Where is the study run from?

Tengku Ampuan Rahimah Hospital, Malaysia

When is the study starting and how long is it expected to run for?  
June 2016 to June 2017

Who is funding the study?  
Investigator funded

Who is the main contact?  
Mrs Hwa Kee Ooi,  
ooihwakee@yahoo.co.uk

## Contact information

**Type(s)**  
Public

**Contact name**  
Mrs Hwa Kee Ooi

**ORCID ID**  
<https://orcid.org/0000-0003-4085-8434>

**Contact details**  
Faculty of Health Sciences  
Universiti Kebangsaan Malaysia  
Jalan Raja Muda Abdul Aziz,  
Kuala Lumpur  
Malaysia  
50300  
+60165322535  
ooihwakee@yahoo.co.uk

## Additional identifiers

**Clinical Trials Information System (CTIS)**  
Nil known

**Protocol serial number**  
NMRR-16-423-29688

## Study information

**Scientific Title**  
The effectiveness of pressure garment in the management of spasticity and upper extremity function among stroke patients

**Acronym**  
PGUE

**Study objectives**

The participants in the intervention group were gained greater improvement in all three outcomes as compared to those in the control group after 6 weeks of pressure garment (PG) intervention.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Approved 06/06/2016, Medical Research and Ethics Committee, Ministry of Health Malaysia (Blok A, Kompleks Institut Kesihatan Negara [NIH], No.1 Jalan Setia Murni U13/52, Seksyen U13 Bandar Setia Alam, 40170, Shah Alam, Malaysia; 03-22874032; nmrr@moh.gov.my) ref: NMRR-16-423-29688

### **Study design**

Interventional open-label single centre randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Stroke recovery

### **Interventions**

Forty-six envelopes with number 1 to 46 were randomly chosen by one of the therapists who was blinded to the study protocol, i.e. therapist who was not treating patients with neurological conditions and also not involved in the numbering and envelope preparations. Participants who received odd numbers were allocated in the intervention group and those received even numbers were allocated in the control group. Both the intervention group and the control group participated in a conventional occupational therapy program for 2 hours every week. Twenty-three participants in the intervention group were given custom fitted pressure garment (PG) at the affected upper extremity (UE). PG was custom fabricated using Lycra material by the researcher of this study. The pattern of the affected hand and the circumference of the mid-forearm of each participant in the intervention group was measured to ensure the fabricated PG fits exactly well on the forearm and hand. Participants in the intervention group were required to wear the PG for 6 hours a day for 6 weeks continuously. The necessary adjustment was made on the PG to maintain its tight fit.

### **Intervention Type**

Device

### **Phase**

Not Applicable

### **Primary outcome(s)**

All participants were assessed pre-intervention and 6 weeks post-intervention:

1. Spasticity as measured by the Modified Modified Ashworth Scale (MMAS)
2. Hand function as measured by the Jebsen Taylor Hand Function Test for the actual performance

3. Disabilities of Arm, Shoulder and Hand (DASH) Outcome Measure for the self-report measurement

**Key secondary outcome(s)**

none

**Completion date**

01/06/2017

## Eligibility

**Key inclusion criteria**

1. Patient aged 21 years old and above
2. Between one month and 12 months post-stroke (ischemic or hemorrhagic adult stroke)
3. Absence of severe cognitive problems with Mini Mental State Examination (MMSE) score of at least 24
4. Modified Ashworth Scale of 1, 2 or 3 when wrist and hand perform flexion and extension movements

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

46

**Key exclusion criteria**

1. Behavior disturbances or serious chronic diseases that can interfere with the ability to give informed consent or cooperation in the study.
2. History of UE injuries, e.g. fracture, tendon injuries in the affected side.

**Date of first enrolment**

10/06/2016

**Date of final enrolment**

01/06/2017

## Locations

**Countries of recruitment**

Malaysia

**Study participating centre**  
**Tengku Ampuan Rahimah Hospital**  
Jalan Langat  
Klang  
Malaysia  
41200

## Sponsor information

**Organisation**  
Universiti Kebangsaan Malaysia

**ROR**  
<https://ror.org/01590nj79>

## Funder(s)

**Funder type**  
Other

**Funder Name**  
Investigator initiated and funded

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are not expected to be made available due to data protection regulations.

### IPD sharing plan summary

Available on request

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/04/2020	21/05/2020	Yes	No
<a href="#">Participant information sheet</a>		06/06/2019	07/06/2019	No	Yes