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An evaluation of the Triple P Parent Programme in Birmingham: support for parents of 5 - 11 year old children displaying problem behaviour

Submission date	Recruitment status	[ ] Prospectively registered
12/10/2009	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
15/12/2009	Completed	[ ] Results
Last Edited	**Condition category**	[ ] Individual participant data
18/07/2016	Mental and Behavioural Disorders	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
L680 TA-01631-01 RVPOG AOO

Study information

Scientific Title

A randomised controlled trial of the Triple P Parent Programme with parents of children at risk of developing conduct disorder in six clusters across Birmingham City

Study objectives
1. There will be an improvement in parenting competencies following parent training
2. Children whose parents received parent training will show a reduced problem behaviour and hyperactivity, and improved social competence
3. The programme will offer value for money and net benefit to the Council

Ethics approval required
Old ethics approval format

Ethics approval(s)
Warren House Group Ethics Committee, 05/03/2009, ref: WHG 2009-1

Study design
Single centre randomised controlled trial

Primary study design
Interventional

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Conduct disorder (CD)

Interventions
The 8-week Triple P Parent Programme will be delivered in Schools/Children Centres as an intervention to parents of children already displaying problematic behaviour in order to reduce the likelihood of children developing conduct disorder. The waiting list control group will be offered the intervention after the final follow up, 12 months after baseline.

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Total child difficulties, measured using the parent completed Strengths and Difficulties Questionnaire (SDQ). The subscales of conduct, peer relationships and hyperactivity problems, social competence, and the impact supplement, which assesses the impact problem behaviour can have in other areas of life, will also be analysed. The clinical cut-off is 17 for total difficulties - the higher the score the worse the problems. This measure will be administered at baseline, and the 6- and 12-month follow-ups.

Key secondary outcome(s))
Parent report at baseline, 6- and 12-month follow-ups:
1. 36-item Eyberg Child Behaviour Inventory (ECBI), to assess child problem behaviours on the

index child and sibling closest in age. Each behaviour is rated on two scales:
1.1. 7-point Intensity Scale, measures how often the behaviour is perceived to occur, ranging in response intensity from 1 (never) to 7 (always)
1.2. Yes-No Problem Scale, identifies whether the behaviour is currently seen as a problem for the parent
2. Demographics Questionnaire administered at baseline to assess background family characteristics; a follow-up version will be administered at both follow-ups to establish any factors that may impact on the results
3. Parenting Scale, to assess parenting competencies. There is no cut-off but the higher the score on the 7-point Likert Scale the less competent, or skilled, the parent.
4. Adapted Service Use Questionnaire, to establish amount and type of health, social and education services accessed by the main caretaker and index child. This information will be used to calculate cost effectiveness and future cost benefits.

Completion date
28/02/2011

Eligibility

Key inclusion criteria
1. Parents of a child (either sex) aged 5 - 11 years
2. Living within one of the designated six clusters
3. Child scoring above the clinical cut-off of 17 for total difficulties on the Strengths and Difficulties Questionnaire (SDQ)

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Child

Lower age limit
5 years

Upper age limit
11 years

Sex
All

Key exclusion criteria
Parents will be excluded if their child was the wrong age or scored below the cut off on the SDQ.

Date of first enrolment
01/11/2009

Date of final enrolment

28/02/2011

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
The Social Research Unit
Dartington
United Kingdom
TQ9 6AB

Sponsor information

Organisation
Birmingham City Council (UK)

ROR
https://ror.org/04dm6ed68

Funder(s)

Funder type
Government

Funder Name
Birmingham County Council (UK) (ref: L680 TA-01631-01 RVPOG AOO)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Study website	Study website	11/11/2025	11/11/2025	No	Yes