

# A study about the use of whole body cooling for severe respiratory distress due to meconium aspiration syndrome (MAS) in neonates

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| <b>Submission date</b><br>21/11/2015   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>24/11/2015 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>04/11/2016       | <b>Condition category</b><br>Neonatal Diseases    | <input type="checkbox"/> Individual participant data  |

## Plain English summary of protocol

### Background and study aims

Hypoxic-ischemic encephalopathy (HIE) is a brain injury caused by lack of oxygen. Cooling (called whole body hypothermia [WBH]) is the standard treatment for newborn babies affected by HIE occurring at delivery. HIE is often associated with meconium aspiration syndrome (MAS), a severe respiratory problem that often occurs in newborns together with HIE. MAS occurs when a newborn baby breathes a mixture of meconium and amniotic fluid into the lungs around the time of delivery. The aim of this study is to clarify the effect of WBH on oxygenation and respiratory outcomes in MAS.

### Who can participate?

Newborn babies with MAS born during 2006-2014 who were treated or not treated with WBH for HIE .

### What does the study involve?

The clinical outcomes of babies who were treated with WBH are compared with the clinical outcomes of babies who were not treated with WBH.

### What are the possible benefits and risks of participating?

There are neither benefits nor risks for participants.

### Where is the study run from?

Eleven neonatal or pediatric intensive care units in Europe, Australia, South and North America. The study is being coordinated at the South Paris University Hospitals (France).

### When is the study starting and how long is it expected to run for?

January 2006 to November 2015

### Who is funding the study?

Not provided at time of registration

Who is the main contact?  
Prof. Daniele De Luca

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Prof Daniele De Luca

**Contact details**  
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157 rue de la Porte de Trivaux  
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France  
92140

## Additional identifiers

**Protocol serial number**  
2.0

## Study information

**Scientific Title**  
Whole body hypothermia and meconium aspiration syndrome: international multicentre retrospective cohort study

**Acronym**  
MASH (Meconium Aspiration Syndrome Hypothermia)

**Study objectives**  
Whole body hypothermia might improve gas exchange and clinical outcomes in MAS patients, especially in those with more severe lung disease.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
Ethical Committee of the French Society for Critical Care (SRLF), 19/11/2015, ref: 15/08

**Study design**  
International multicentre retrospective cohort study (observational)

**Primary study design**  
Observational

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Meconium aspiration syndrome

## **Interventions**

The intervention being tested is whole body hypothermia. There are interesting animal and translational data suggesting the usefulness of whole body hypothermia for some forms of respiratory failure although this has never been studied on clinical grounds before. Conversely, hypothermia is already an established therapy for hypoxic ischemic encephalopathy (HIE).

The study cohort consisted of babies affected by MAS and treated with whole body hypothermia (WBH) according to TOBY trial criteria for HIE ('cooled' neonates). The control cohort consisted of MAS babies with or without a diagnosis of HIE, in whom TOBY criteria were not met and WBH was not started ('uncooled' neonates).

## **Intervention Type**

Procedure/Surgery

## **Primary outcome(s)**

Gas exchange over the first 72 hours of life (as described by oxygenation index, PaCO<sub>2</sub> and pH)

## **Key secondary outcome(s)**

1. Duration of invasive mechanical ventilation
2. Total duration of respiratory support (defined as the total time spent under invasive, non-invasive ventilation, continuous positive airway pressure/high flow nasal cannulae and free oxygen therapy)
3. Length of stay in the intensive care unit
4. Length of hospital stay

## **Completion date**

01/11/2015

## **Eligibility**

### **Key inclusion criteria**

Study cohort consisted of MAS neonates treated with WBH according to the TOBY trial criteria (see above).

Control cohort consisted of MAS babies in whom TOBY criteria were not met and WBH was not instigated.

All babies had to fulfill the following MAS diagnostic criteria:

1. Meconium-stained amniotic fluid
2. Need for intubation and tracheal suctioning in the delivery room according to the American Academy of Pediatrics neonatal resuscitation guidelines
3. Typical chest radiograph appearance
4. Oxygenation index (OI) > 10 at the intensive care unit admission

## **Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Neonate

**Sex**

All

**Key exclusion criteria**

1. Major congenital malformation or known chromosomal abnormalities
2. Any lung disease other than MAS
3. Need for extra-corporeal membrane oxygenation (ECMO)

**Date of first enrolment**

01/01/2006

**Date of final enrolment**

31/12/2014

**Locations**

**Countries of recruitment**

United Kingdom

England

Australia

Brazil

France

Italy

Netherlands

Spain

United States of America

**Study participating centre**

**South Paris University Hospitals**

Medical Center "A. Beclere"

Division of Pediatrics and Neonatal Critical Care

France

92140

**Study participating centre**

**Università Cattolica del Sacro Cuore**

Policlinico Universitario "A. Gemelli"

TIN e TIP

Italy

00168

**Study participating centre**

**Murdoch Childrens Research Institute**

Neonatology

Royal Children's Hospital

Department of Paediatrics

University of Melbourne

Australia

VIC 3052

**Study participating centre**

**Academic Medical Center**

Amsterdam

Netherlands

1105 AZ

**Study participating centre**

**NICU Hospital "La Paz"**

Universidad Autonoma de Madrid

Spain

28029

**Study participating centre**

**John Radcliffe Hospital**

Oxford University Hospitals NHS Trust

United Kingdom

OX39DU

**Study participating centre**

**University Hospital of University of São Paulo**

Department of Pediatrics

Brazil

2565

**Study participating centre****San Francisco General Hospital**

UCSF University of California

United States of America

CA 94110

**Study participating centre****Fondazione IRCCS Cà Granda Ospedale Maggiore Policlinico**

Department of Clinical Sciences and Community Health

Università degli Studi di Milano

Italy

20122

**Study participating centre****Women's and Children Hospital "G. Salesi"**

Polytechnical University of Marche

Italy

60123

**Study participating centre****University of Sheffield**

United Kingdom

S10 2TN

**Sponsor information****Organisation**

Individual sponsor (Italy)

**Funder(s)**

Funder type

Other

### Funder Name

Investigator initiated and funded

## Results and Publications

### Individual participant data (IPD) sharing plan

#### IPD sharing plan summary

Stored in repository

#### Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 01/08/2016   |            | Yes            | No              |