

Stop Stroke: The South London Secondary Prevention Programme

Submission date 19/07/2005	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 07/09/2005	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 07/12/2010	Condition category Circulatory System	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
1824/1845

Study information

Scientific Title

Acronym

Stop Stroke

Study objectives

To test the efficacy of a complex secondary prevention intervention on improving post stroke risk factor control. The study uses a cluster randomised controlled trial design with 120 general practices randomised at the start of the trial. All participants at a given practice (patients, carers and primary care staff) receive either the intervention or usual care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration.

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Stroke

Interventions

Intervention: Computer algorithms are used to systematically transform data collected by an ongoing stroke register (SLSR) into individually tailored secondary prevention plans for patients, carers and the primary care team. The plans include details of the patient's current risk factor control and evidence based advice on how to improve risk factor management. Plans are updated and distributed at three time points.

Control: Usual care.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Prevalence of uncontrolled key modifiable risk factors for stroke (hypertension, smoking, aspirin adherence) measured at one year post stroke.

Key secondary outcome(s)

Prevalence of other uncontrolled risk factors for stroke (cholesterol, diabetes, atrial fibrillation, obesity, heavy drinking); stroke recurrence rate.

Completion date

01/01/2007

Eligibility

Key inclusion criteria

All patients with a diagnosis of first-in-a-lifetime stroke living in Lambeth and Southwark.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Patients must be alive six weeks post stroke, identified by the study team within six months of stroke and registered with a general practitioner.

Date of first enrolment

21/07/2003

Date of final enrolment

01/01/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Division of Health & Social Care Research

London

United Kingdom

SE1 3QD

Sponsor information

Organisation

King's College London (UK)

ROR

<https://ror.org/0220mzb33>

Funder(s)

Funder type

Not defined

Funder Name

The Health Foundation 1824/1845,

Funder Name

The Stroke Association TSA G1,

Funder Name

Medical Research Council Special Training Fellowship Award G106/1105, Department of Health Career Scientist Award PHCSA02/07.

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2010		Yes	No