

Effect of kefir on cholesterol concentrations

Submission date 26/02/2002	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 26/02/2002	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 06/09/2007	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Hypercholesterolemia

Interventions

Supplements of kefir or milk.

Intervention Type

Drug

Phase

Not Specified

Drug/device/biological/vaccine name(s)

Kefir

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2001

Eligibility**Key inclusion criteria**

Mild hypercholesterolemics

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2000

Date of final enrolment

01/01/2001

Locations**Countries of recruitment**

Canada

Study participating centre

School of Dietetics and Human Nutrition

Quebec

Canada

H9X 3V9

Sponsor information**Organisation**

McGill University (Canada)

ROR

<https://ror.org/01pxwe438>

Funder(s)**Funder type**

Industry

Funder Name

Liberty Co. (Canada)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/12/2002		Yes	No