ISRCTN10820810 https://doi.org/10.1186/ISRCTN10820810

Effect of kefir on cholesterol concentrations

Submission date	Recruitment status	[_] Prospectively registered
26/02/2002	No longer recruiting	[_] Protocol
Registration date	**Overall study status**	[_] Statistical analysis plan
26/02/2002	Completed	[X] Results
Last Edited	**Condition category**	[_] Individual participant data
06/09/2007	Nutritional, Metabolic, Endocrine	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Hypercholesterolemia

Interventions
Supplements of kefir or milk.

Intervention Type
Drug

Phase
Not Specified

Drug/device/biological/vaccine name(s)
Kefir

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s)
Not provided at time of registration

Completion date
01/01/2001

Eligibility

Key inclusion criteria
Mild hypercholesterolemics

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/2000

Date of final enrolment
01/01/2001

Locations

Countries of recruitment
Canada

Study participating centre
School of Dietetics and Human Nutrition
Quebec
Canada
H9X 3V9

Sponsor information

Organisation
McGill University (Canada)

ROR
https://ror.org/01pxwe438

Funder(s)

Funder type
Industry

Funder Name
Liberty Co. (Canada)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/12/2002		Yes	No