

# Comparison of two anesthetic gases on liver and kidney in hepatitis C patients

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|----------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>29/10/2015   | <b>Recruitment status</b><br>No longer recruiting        | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol                       |
| <b>Registration date</b><br>17/11/2015 | <b>Overall study status</b><br>Completed                 | <input type="checkbox"/> Statistical analysis plan<br><input type="checkbox"/> Results                       |
| <b>Last Edited</b><br>03/11/2015       | <b>Condition category</b><br>Infections and Infestations | <input type="checkbox"/> Individual participant data<br><input type="checkbox"/> Record updated in last year |

## Plain English summary of protocol

### Background and study aims

Hepatitis is a disease where the liver becomes inflamed (swollen), and is generally caused by a viral infection or long-term alcohol abuse. Hepatitis C is the most common type of viral hepatitis. In an infected person, the hepatitis C virus is particularly concentrated in the blood, and so it can be easily spread through blood-to-blood contact, such as sharing needles amongst drug abusers or receiving contaminated blood products in hospital. In the early stages (acute hepatitis) a person often has no symptoms, and so does not know that they are infected. This means that about 80% of infections are able to move to the long-lasting stage. Chronic hepatitis C (CHC) is where a person has been infected for more than six months. Sufferers tend to feel extremely tired, achy and generally unwell. Left untreated, the infection causes the liver to become irreversibly scarred (cirrhosis) leading to liver failure. People suffering from hepatitis C are also prone to other medical problems. Gallstones (solid lumps that develop from substances in the gallbladder) are very common in cirrhotic patients. Gallstones can be very painful and sometimes it is necessary to surgically remove the gallbladder (laparoscopic cholecystectomy). Patients with CHC are considered to have a greater risk of developing complications from surgery than the general population. The level of risk is determined using a scale called the Childs-Pugh score, where class A patients are very likely to survive and class B and C are less so. General anaesthesia (sedation) also puts patients at risk, as some of the drugs commonly used can be toxic to the liver and kidneys. More research is therefore needed to find the safest anaesthetic to use in surgery for patients with CHC. The aim of this study is to compare the effects of sevoflurane and desflurane (two inhalable anaesthetics) on liver and kidney function in CHC patients having a laparoscopic cholecystectomy.

### Who can participate?

Adults with hepatitis C graded as class A using the Childs-Pugh score, who are scheduled for a laparoscopic cholecystectomy.

### What does the study involve?

Participants are randomly allocated to one of two groups. Those in the first group are sedated using sevoflurane and oxygen during their surgery, and the second group are sedated using desflurane and oxygen. Both drugs are given in the form of an inhalation anaesthetic (to be breathed in through a face mask) in their surgery for up to 2 hours. Participants have blood

samples taken after their surgery, and then again after 1 and 3 days in order to test how well their liver and kidneys are working. The amount of the hepatitis C virus in the blood is also measured after the surgery and 3 days later.

What are the possible benefits and risks of participating?

Participants will not benefit directly from taking part; however their participating could help to improve the way future patients are treated. The risks of participating include the general risks associated with having a laparoscopic cholecystectomy and being sedated using a general anaesthetic.

Where is the study run from?

1. Kasr Al-Aini Teaching Hospital (Egypt)
2. Theodor Bilharz Research Institute (Egypt)

When is the study starting and how long is it expected to run for?

July 2015 May 2016

Who is funding the study?

Theodor Bilharz Research Institute (Egypt)

Who is the main contact?

Professor Hala Goma

## Contact information

### Type(s)

Scientific

### Contact name

Prof Hala Goma

### ORCID ID

<https://orcid.org/0000-0001-7800-8115>

### Contact details

21 Elgaber Sreest Giza  
Elgeza  
Egypt  
12111

## Additional identifiers

## Study information

### Scientific Title

Effects of low flow sevoflurane versus low flow desflurane anesthesia on hepatic and renal functions in hepatitis C positive patients undergoing laparoscopic cholecystectomy surgery

### Study objectives

The aim of this study is to follow up the effect of low flow Sevoflurane versus desflurane anesthesia on renal and liver function, and if the hepatic affection is associated with increase in viral replication in HCV positive class A (Childs-Hugh score) patients undergoing laparoscopic cholecystectomy.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Institutional Review Board of Theodor Bilharz Research Institute, 17/06/2015, ref: FWA 0001609

### **Primary study design**

Interventional

### **Study design**

Multi-centre single-blinded randomised parallel trial

### **Study type(s)**

Other

### **Health condition(s) or problem(s) studied**

Hepatitis C

### **Interventions**

Participants are randomly allocated to one of two groups:

Group 1: Participants are treated using sevoflurane at a concentration of  $(1.0 \pm 0.2 \text{ MAC})$  as inhalation anesthetic with 100% oxygen for anesthesia for up to 2 hours during their laparoscopic cholecystectomy surgery. Total fresh gas flow of 5L/min, for up to 2 hours.

Group 2: Participants are treated using desflurane at a concentration of  $(1.0 \pm 0.2 \text{ MAC})$  between 40 and 60 minutes during their laparoscopic cholecystectomy surgery. Total fresh gas flow of 5L/min, for up to 2 hours.

Following surgery, blood samples are taken to measure liver and kidney function, as well as Hepatitis C viral RNA. The blood tests are repeated after 1 and 3 days postoperative.

### **Intervention Type**

Drug

### **Drug/device/biological/vaccine name(s)**

1. Sevoflurane 2. Desflurane

### **Primary outcome(s)**

1. Liver function is determined by measuring AST, ALT and alkaline phosphate in the blood postoperative, 1 day and 3 days postoperative

2. Kidney function is determined by measuring urea and creatinine in the blood postoperative, 1 day and 3 days postoperative

### **Key secondary outcome(s)**

Hepatitis C viral RNA is measured using blood testing preoperative and 3 days postoperative.

**Completion date**

30/05/2016

## Eligibility

**Key inclusion criteria**

1. Aged 20-60 years
2. Hepatitis C virus positive
3. Grade A patients (Child-Pugh classification of liver disease) with liver enzymes below double fold of normal reference range
4. Scheduled for laparoscopic cholecystectomy surgery

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Grade B or C (Child-Pugh classification of liver disease) or with liver enzymes [alanine aminotransferase (ALT) or aspartate aminotransferase (AST) more than double fold of normal reference range
2. BMI over 30
3. Chronic renal disease and renal insufficiency (creatinine > 1,5 mg dl<sup>-1</sup>)
4. Use of alcohol or drugs
5. Diabetes Mellitus
6. Hypertension
7. Unstable angina pectoris
8. History of myocardial infarction within the last 6 months

**Date of first enrolment**

01/08/2015

**Date of final enrolment**

01/04/2016

## Locations

**Countries of recruitment**

Egypt

**Study participating centre**

**Kasr Al-Aini Teaching Hospital**  
27 Nafezet Sheem El Shafaey Street  
Kasr El Ainy  
Cairo  
Egypt  
11562

**Study participating centre**  
**Theodor Bilharz Research Institute**  
El Nile Street  
Warrak El Hadar  
Giza  
Egypt  
12411

## **Sponsor information**

**Organisation**  
Theodor bilharz insitute

**ROR**  
<https://ror.org/04d4dr544>

## **Funder(s)**

**Funder type**  
Research organisation

**Funder Name**  
Theodor Bilharz Research Institute

## **Results and Publications**

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**  
Data sharing statement to be made available at a later date