

Effectiveness of assertive community treatment versus care-as-usual for patients with severe and persistent psychiatric disorders

Submission date 20/12/2005	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 20/12/2005	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 03/07/2009	Condition category Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
NTR281; ZonMw: 100-103-016

Study information

Scientific Title

Study objectives

Assertive community treatment (ACT) will, compared to care-as-usual, result in less admission days and more sustained contact with mental health. Moreover, life skills will be more improved possibly resulting in a higher quality of life.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Received from the local medical ethics committee

Study design

Randomised, active controlled, parallel group trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Psychiatric, mental disorders/illness

Interventions

Assertive community treatment (ACT): in ACT the case load is a shared responsibility for the whole team. ACT is further characterised by:

1. A low staff-to-patient ratio (1 - 10 maximum)
2. In vivo treatment at home of the patient
3. The inclusion of a wide range of disciplines in the ACT team, including client participation

Fidelity is measured by 28 items.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Admissions/admission days
2. Care consumption
3. Sustained contact with mental health
4. Life skills

Key secondary outcome(s)

1. Psychiatric symptoms
2. Quality of life
3. Satisfaction with care
4. Family burden

Completion date

31/08/2006

Eligibility

Key inclusion criteria

Mental health patients with a Health of the Nation Scales (HoNOS) total score above 14

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Does not comply with the above inclusion criteria

Date of first enrolment

01/09/2004

Date of final enrolment

31/08/2006

Locations

Countries of recruitment

Netherlands

Study participating centre

GGZ,

Winschoten

Netherlands

9670 AG

Sponsor information

Organisation

University Medical Centre Groningen (UMCG) (Netherlands)

ROR

<https://ror.org/03cv38k47>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2007		Yes	No