

# Effect of focused deterrence violence intervention on adolescents and adults involved in violence

<b>Submission date</b> 30/05/2023	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 04/06/2023	<b>Overall study status</b> Ongoing	<input checked="" type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 05/08/2025	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Focused deterrence is an intervention designed to reduce violent offending among people already involved in violence. The intervention can take several forms, but at its core are three interacting components: enforcement by police, support to desist from violence and expression of non-violence community norms.

In 2021, the Youth Endowment Fund created a framework describing a set of essential criteria for a focused deterrence intervention. The development of this framework was based on evidence from previous studies, interviews with professionals from the UK, USA, and Scandinavia, and input from an advisory group of experts. The framework was designed to allow for contextual variations across different locations, considering the history of focused deterrence programs.

In 2022, five organisations in cities in England were each funded to develop a violence prevention intervention based on this framework with the commitment that the interventions would be evaluated rigorously. The evaluation worked with the organisations to support the development of acceptable interventions and to develop a robust study design to evaluate the effectiveness of the programme.

### Who can participate?

People aged 14 to 40 years old. Eligibility criteria vary across sites, but typically respondents have a criminal record for violence or are at very high risk of being involved in violence.

### What does the study involve?

Participants will be randomly allocated to the violence prevention intervention or control groups (business as usual). The effectiveness of the intervention will primarily be assessed by comparing the number of violent offences perpetrated by the intervention group within 1 year of randomisation compared to those perpetrated by the control group. The secondary outcomes are involvement in group offending, which will be measured as the number of crimes attributed to the individual and one (or more) co-offenders within 1 year of randomisation, and time to offence, which is the number of days from randomisation to offence (right-censored if there is no offence).

What are the possible benefits and risks of participating?

The programme is designed to support individuals involved in violence to desist from violence through a combination of mechanisms. The benefits of participating are that the support offer can address access to opportunities that may have been denied to that individual in the past through unequal distribution of service availability or other structural disadvantage while the deterrence component can offer a viable motivation for desisting from violence. These mechanisms may help the individual avoid future physical, psychological and social harms of involvement in violence. The risks of participating are that continued involvement in violence while exposed to enhanced police attention may result in legal consequences.

Where is the study run from?

University of Hull (UK)

When is the study starting and how long is it expected to run for?

April 2022 to September 2026

Who is funding the study?

Youth Endowment Fund (UK)

Who is the main contact?

Iain Brennan, i.brennan@hull.ac.uk

## Contact information

### Type(s)

Principal investigator

### Contact name

Prof Iain Brennan

### ORCID ID

<https://orcid.org/0000-0003-2131-1599>

### Contact details

School of Criminology, Sociology and Policing

University of Hull

Hull

United Kingdom

HU6 7RX

+44 (0)1482465717

i.brennan@hull.ac.uk

### Type(s)

Public

### Contact name

Prof Iain Brennan

### Contact details

School of Criminology, Sociology and Policing  
University of Hull  
Hull  
United Kingdom  
HU6 7RX  
+44 (0)1482465717  
i.brennan@hull.ac.uk

**Type(s)**

Scientific

**Contact name**

Prof Iain Brennan

**Contact details**

School of Criminology, Sociology and Policing  
University of Hull  
Hull  
United Kingdom  
HU6 7RX  
+44 (0)1482465717  
i.brennan@hull.ac.uk

**Type(s)**

Scientific

**Contact name**

Dr Tia Simanovic

**ORCID ID**

<https://orcid.org/0000-0001-6171-1613>

**Contact details**

School of Criminology, Sociology and Policing  
University of Hull  
Hull  
United Kingdom  
HU6 7RX  
-  
t.simanovic@hull.ac.uk

**Type(s)**

Scientific

**Contact name**

Dr William Graham

**ORCID ID**

<https://orcid.org/0000-0002-6241-5186>

**Contact details**

Abertay University  
School of Business Law and Social Sciences  
Bell Street  
Dundee  
United Kingdom  
DD1 1HG

-  
w.graham@abertay.ac.uk

**Type(s)**  
Scientific

**Contact name**  
Dr Paul McFarlane

**ORCID ID**  
<https://orcid.org/0000-0002-6784-6014>

**Contact details**  
Jill Dando Institute of Security and Crime Science  
35 Tavistock Square  
London  
United Kingdom  
WC1H 9EZ  
-  
p.mcfarlane@ucl.ac.uk

**Type(s)**  
Scientific

**Contact name**  
Dr Alex Sutherland

**ORCID ID**  
<https://orcid.org/0000-0003-0276-9705>

**Contact details**  
Research Design Consultancy  
4 St. Andrew's Park  
Histon  
Cambridge  
United Kingdom  
CB24 9ER  
-  
alex@researchdesign.uk

**Additional identifiers**

**Study information**

## **Scientific Title**

Another Chance Fund Focused Deterrence programme: a multi-centred randomised controlled trial

## **Acronym**

ACF1

## **Study objectives**

Current study hypothesis as of 30/10/2023:

H1: If the intervention is effective, the average number of violence against the person offences attributed to individuals in the intervention condition after one year will be lower than for individuals receiving business as usual (control condition).

H2: If the intervention is effective, the average time to a violent against the person offence (in days) attributed to individuals in the intervention condition will be longer than for individuals receiving business as usual (control condition).

H3: If the intervention is effective, the average number of crimes involving two or more perpetrators attributed to individuals in the intervention group will be lower than for individuals receiving business as usual (control condition).

Previous study hypothesis:

H1: If the intervention is effective, the average number of violence against the person offences attributed to individuals in the intervention condition after one year will be lower than for individuals receiving business as usual (control condition).

H2: If the intervention is effective, the average time to a violent against the person offence (in days) attributed to individuals in the intervention condition will be lower than for individuals receiving business as usual (control condition).

H3: If the intervention is effective, the average number of crimes involving two or more perpetrators attributed to individuals in the intervention group will be lower than for individuals receiving business as usual (control condition).

## **Ethics approval required**

Ethics approval required

## **Ethics approval(s)**

approved 01/03/2023, Faculty of Arts, Culture and Education Ethics Committee, University of Hull (Cottingham Rd, Hull, HU6 7RX, United Kingdom; +44 (0)1482465717; pvc-re@hull.ac.uk), ref: 2223STAFF14

Approved 01/03/2023, University of Hull Faculty of Arts, Culture and Education Ethical Review Committee (Faculty of Arts Culture and Education Ethics Committee, FACE Faculty Office, Wilberforce Building, University of Hull, Hull, HU6 7RX, UK; +44 (0)1482 464026; face-ethics@hull.ac.uk), ref: 2223STAFF14

## **Study design**

Multi-centred two-arm stratified randomized controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Prevention

## **Health condition(s) or problem(s) studied**

Prevention of violent offending by 14-40-year-olds with a history of involvement in violence

## **Interventions**

The intervention condition will be entered into a focused deterrence programme. The control condition will receive no intervention (business as usual). Participants will be randomised into treatment or control conditions stratified on child/adult status (child aged 18 years or under) and the number of suspected criminal offences in the preceding 2 years.

The focused deterrence programme is a combined programme of enhanced police enforcement and a tailored programme of desistance support combined with community norm messaging. The interventions in each of the five sites were developed on a set of nine expert-generated principles that are the fundamental features of 'focused deterrence' ([https://youthendowmentfund.org.uk/wp-content/uploads/2022/01/YEF\\_AC\\_ApplicationGuidance3.pdf](https://youthendowmentfund.org.uk/wp-content/uploads/2022/01/YEF_AC_ApplicationGuidance3.pdf), p.10-12).

The treatment unit is individuals who meet the eligibility criteria. The support component of the programme will typically last 3 months but will be responsive to individual needs, as will the nature of support.

## **Intervention Type**

Behavioural

## **Primary outcome(s)**

Number of violent offences, measured by a count of violence against the person offences in police records attributed to the individual after 1 year

## **Key secondary outcome(s)**

1. Time to offence, measured by the number of days until a recorded offence of violence against a person in police records attributed to the individual within 1 year
2. Co-offending, measured by the number of recorded offences of violence against the person involving more than one perpetrator in police records attributed to the individual within 1 year

## **Completion date**

01/09/2026

## **Eligibility**

### **Key inclusion criteria**

Leicester:

1. A member or associate of a group involved in committing serious violence or engaged in activities which drive the local serious violence problem, such as drug supply
2. They must also meet one of the following criteria:
  - 2.1. In the past 2 years, they have been arrested for or suspected of committing serious violence
  - 2.2. Arrested for or suspected of committing offences involving a weapon or possession of a

weapon

2.3. Flagged as a habitual knife carrier

2.4. Arrested for or suspected of drug offences

Manchester:

1. Aged between 14 and 25 years

2. Connected to a homicide or near-miss violent offence with a group violence component committed in the past 2 years or who committed a non-domestic abuse flagged violent offence in the past 2 years

3. Reside in Manchester or North Trafford

Nottingham:

1. Aged between 14 and 24 years

2. Reside within the Nottingham City boundary or have group bonds to the area

3. They also must have been arrested for a violent or weapons offence in the previous 12 months, or for an offence that involved three or more perpetrators

Coventry 'high-risk cohort:

1. Aged 14 years or over

2. Objective link to a recognised group within Coventry

3. Address within the ward boundaries of Coventry

4. Either have a violent offence committed (or listed as a suspect) within the last 18 months that is non-domestic abuse (but includes violence with injury, homicide, possession of weapons) or be linked to an Organised Crime Group (OCG) with a violent threat/sub-threat in police intelligence logs

Coventry referral cohort:

The main criteria for the population of interest is a gang/group link or being at risk of criminal exploitation. The eligible individual further must have an unmet need and must live in the city or within 1 hour from it (if moved). The remaining criteria slightly differ based on the referral agency but include, for example:

1. Evidence of involvement in violence/exploitation

2. Arrest for a trigger offence

3. An OCG link

4. Association with criminal peers or in a known gang spot

5. Known to social care

6. Are a looked-after child

7. Presented with injury with requisite suspicion

8. At risk of school exclusion

9. Under probation or on licence

10. Evidence of unstable home environment/criminality

The trial population is those who have opted out of the intervention once having been referred, identified as eligible and offered the intervention.

Wolverhampton 'high risk' cohort:

1. Aged 14 years or over

2. Have an objective link to a recognised group within Wolverhampton

3. Have an address within the ward boundaries of the city

4. Either have a violent offence committed (or listed as a suspect) within the last 18 months that

is non-domestic abuse (but includes violence with injury, homicide, possession of weapons) or are linked to an Organised Crime Group with a violent threat/sub-threat in police intelligence logs

**Wolverhampton referral cohort:**

The main criteria for the population of interest is a gang/group link or being at risk of criminal exploitation. The eligible individual further must have an unmet need and must live in the city or within 1 hour from it (if moved). The remaining criteria slightly differ based on the referral agency but include, for example:

1. Evidence of involvement in violence/exploitation
2. Arrest for a trigger offence
3. An OCG link
4. Association with criminal peers or in a known gang spot
5. Known to social care
6. Are a looked-after child
7. Presented with injury with requisite suspicion
8. At risk of school exclusion
9. Under probation or on licence
10. Evidence of unstable home environment/criminality

**Participant type(s)**

Other

**Healthy volunteers allowed**

No

**Age group**

Mixed

**Lower age limit**

14 years

**Upper age limit**

40 years

**Sex**

All

**Key exclusion criteria**

No explicit exclusion criteria have been specified. However, if an individual is already subject to focused police attention through involvement with an organised crime group, they may be excluded at the request of police partners.

As the project is multicentred and operates in the context of a range of other ongoing violence interventions and related activity, exclusion criteria may emerge for reasons of participant or staff safety. These will be captured through an ongoing process evaluation.

**Date of first enrolment**

17/05/2023

**Date of final enrolment**

30/08/2025

## **Locations**

### **Countries of recruitment**

United Kingdom

England

### **Study participating centre**

#### **Leicester, Leicestershire and Rutland Violence Reduction Network**

Police Headquarters

St Johns

Enderby

Leicester

United Kingdom

LE19 2BX

### **Study participating centre**

#### **Greater Manchester Combined Authority**

Churchgate House

56 Oxford Street

Manchester

United Kingdom

M1 6EU

### **Study participating centre**

#### **Nottingham Violence Reduction Unit**

Nottingham City Council

Station Street

Nottingham

United Kingdom

NG2 3NG

### **Study participating centre**

#### **West Midlands Police**

Police Headquarters West Midlands Police

Lloyd House, Colmore Circus

Birmingham

United Kingdom

B4 6NQ

# Sponsor information

## Organisation

Youth Endowment Fund

## Funder(s)

### Funder type

Charity

### Funder Name

Youth Endowment Fund

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and analysed during the current study will be stored in a publicly accessible repository. The repository will be identified at a later date in consultation with the funder.

### IPD sharing plan summary

Stored in publicly available repository

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>		28/03/2024	02/04/2024	Yes	No
<a href="#">Protocol file</a>	version 2		31/05/2023	No	No
<a href="#">Protocol file</a>	version 3.0	25/07/2025	05/08/2025	No	No
<a href="#">Statistical Analysis Plan</a>	version 1.1	20/06/2025	05/08/2025	No	No