

# Is acupuncture effective in improving the course of recovery from depression?

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> Stopped	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Stopped	<input type="checkbox"/> Protocol
<b>Last Edited</b> 08/09/2015	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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**Contact details**  
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## Additional identifiers

**Protocol serial number**  
N0266125386

## Study information

**Scientific Title**  
Is acupuncture effective in improving the course of recovery from depression?

**Study objectives**

To determine whether the use of additionally applied acupuncture to known psychoactive points can improve the course of recovery from depression and to determine its acceptability as a treatment.

Updated 08/09/2015: the trial did not go ahead due to changes in staffing affecting the ability to deliver the intervention.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Depression

**Interventions**

Single-blind placebo-controlled randomised controlled trial

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Presentation at local level and publication

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/10/2004

**Reason abandoned (if study stopped)**

Lack of staff/facilities/resources

**Eligibility**

**Key inclusion criteria**

Patients between 18-60 attending clinic for first time

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Upper age limit**

60 years

**Sex**

All

**Key exclusion criteria**

Does not meet inclusion criteria

**Date of first enrolment**

01/09/2003

**Date of final enrolment**

01/10/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

Calderdale Royal Hospital

Halifax

United Kingdom

HX3 0PW

**Sponsor information****Organisation**

Department of Health

## **Funder(s)**

### **Funder type**

Hospital/treatment centre

### **Funder Name**

South West Yorkshire Mental Health NHS Trust (UK)

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

#### **IPD sharing plan summary**

Not provided at time of registration