

Four year follow-up of a randomised controlled trial of joint protection for people with rheumatoid arthritis (RA)

Submission date 12/07/2002	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 12/07/2002	Overall study status Completed	☐ Protocol
Last Edited 02/10/2007	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

H0592

Study information

Scientific Title

Study objectives

To evaluate the long-term effects of joint protection on health status of people with early rheumatoid arthritis (RA).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Rheumatoid arthritis

Interventions

Participants randomly allocated to:

1. Standard Arthritis Education Programme (AEP): 4 x 2 hour weekly programme of education and practical advice delivered by rheumatology team. Education based on standard practice, e. g., information about RA, drugs, exercise, joint protection, relaxation, pain management, benefits, diet.
2. Joint protection educational-behavioural programme: 4 x 2 hour weekly meetings. Specific training on joint protection (approx 5 hour practical). Supported by information pack and patient workbook, goal setting, home programme.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/08/2000

Eligibility

Key inclusion criteria

1. Adult patients with diagnosis of rheumatoid arthritis
2. Wrist and or metacarpophalangeal joint disease currently or recently (within previous 6 months) affecting hand function
3. Currently experiencing hand pain on activity
4. Up to 5 years disease duration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/11/1999

Date of final enrolment

30/08/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre**Rheumatology**

Derby

United Kingdom

DE1 2QY

Sponsor information**Organisation**

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

Funder(s)

Funder type

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	01/08/2004		Yes	No