

# A pilot project to evaluate a nurse-implemented 'Group Protocol' for the management of patients requiring treatment with anti-hypertensive medication

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|----------------------------------------|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>12/09/2003   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol                       |
| <b>Registration date</b><br>12/09/2003 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input type="checkbox"/> Results                       |
| <b>Last Edited</b><br>21/12/2020       | <b>Condition category</b><br>Circulatory System   | <input type="checkbox"/> Individual participant data<br><input type="checkbox"/> Record updated in last year |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

N0077117128

# Study information

## Scientific Title

A pilot project to evaluate a nurse-implemented 'Group Protocol' for the management of patients requiring treatment with anti-hypertensive medication

## Study objectives

1. That the implementation of the Southern Derbyshire Acute Hospitals NHS Trust Group Protocol for the treatment of hypertension improves the proportion of patients achieving target levels of blood pressure compared to standard care
2. That the group protocol provides a safe and effective method of managing this group of patients

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Primary study design

Interventional

## Study design

Randomised controlled trial

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Cardiovascular: Hypertension

## Interventions

Patients will be randomised to 'usual' care (treatment by their general practitioner) who will be sent a treatment plan or 'Group Directions'.

Patients randomised to the Group Direction will be seen at 2-4 week intervals according to the protocol contained in the Southern Derbyshire Acute Hospitals NHS Trust Group Protocol for the management of anti-hypertensive therapy by specialist nurses. After 6 months the groups will be compared.

## Intervention Type

Drug

## Phase

Not Applicable

## Drug/device/biological/vaccine name(s)

Hypertensive medication

## Primary outcome(s)

1. The proportion of patients achieving adequate and optimal blood pressure control
2. Treatment satisfaction
3. Safety

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

02/10/2004

## Eligibility

**Key inclusion criteria**

Patients with hypertension requiring treatment and those on treatment whose blood pressure is not well controlled.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

03/10/2002

**Date of final enrolment**

02/10/2004

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Southern Derbyshire Acute Hospitals NHS Trust  
Derby

United Kingdom  
DE1 2QY

## Sponsor information

### Organisation

Department of Health (UK)

## Funder(s)

### Funder type

Government

### Funder Name

Southern Derbyshire Acute Hospitals NHS Trust (UK)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration