

# A pilot study on the effect of niacin on pulmonary arterial pressure

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|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>27/03/2015   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>23/04/2015 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>17/05/2023       | <b>Condition category</b><br>Circulatory System   | <input type="checkbox"/> Individual participant data                                              |

## Plain English summary of protocol

### Background and study aims

The aim of this study is to determine whether the drug niacin can help patients with high blood pressure in their lung arteries, also called pulmonary hypertension. This is a study specifically for volunteers who do NOT have high blood pressure in the lung's arteries. This study is important because the medications that are used to treat pulmonary arterial hypertension are very limited. Any new medications that might work to lower pulmonary arterial blood pressure would be very helpful for these patients.

### Who can participate?

Patients aged over 18 with a tricuspid regurgitation jet velocity over 2.7 m/s on an inpatient echocardiogram during their current hospital stay.

### What does the study involve?

First, you will get an echocardiogram, which is a non-invasive test that uses ultrasound waves to evaluate a picture of the heart. You will then be randomly allocated to take one of three different pills: niacin 100 mg pill, niacin 500 mg pill, or a sugar pill (a placebo). Neither you nor the investigator will know what group you in. One hour after taking your pill, you will get a second ultrasound of your heart.

### What are the possible benefits and risks of participating?

We do not expect for you to have any direct medical benefits from participating in this study, but we hope that the information we gain will help patients with pulmonary arterial hypertension. You will be compensated with a \$20 gift card for your participation. This study will not interfere with the evaluation and treatment of the condition that brought you to the hospital. It will not add any cost to your stay and will not delay your discharge. Risks and side effects related to the study include flushing of your skin after taking niacin. There may also be side effects that we cannot predict. Other drugs will be given to make side effects that occur less serious and less uncomfortable.

### Where is the study run from?

MedStar Georgetown University Hospital (USA).

When is the study starting and how long is it expected to run for?  
March 2013 to April 2014.

Who is funding the study?  
Folger Grant for Cardiovascular Prevention.

Who is the main contact?  
Martin McNamara

## Contact information

**Type(s)**  
Public

**Contact name**  
Mr Martin McNamara

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<https://orcid.org/0000-0002-4849-3313>

**Contact details**  
17612 Charity Lane  
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## Additional identifiers

**Protocol serial number**  
IIS12067

## Study information

**Scientific Title**  
A pilot randomized double-blinded single-dose provocation study on the effect of niacin on pulmonary arterial pressure

**Study objectives**  
We hypothesized that immediate-release niacin would reduce right ventricular systolic pressure in patients with pulmonary hypertension via the release of vasodilating prostaglandins in a randomized, double-blinded, single-dose provocation study.

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
Institutional Review Board (IRB) of Georgetown University Hospital, 10/05/2011, study number 2012-067

**Primary study design**

Interventional

**Study design**

Randomized double-blinded single-dose provocation study

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Pulmonary hypertension

**Interventions**

Subjects were randomized in a 1:2:2 ratio to receive a single dose of either placebo, niacin 100 mg or niacin 500 mg, respectively. TR jet velocities were measured immediately before, and one-hour post dose, corresponding to peak niacin absorption and prostaglandin release.

**Intervention Type**

Drug

**Phase**

Not Applicable

**Drug/device/biological/vaccine name(s)**

Niacin

**Primary outcome(s)**

Change in mean tricuspid regurgitation jet velocity measured in meters/second one hour after study drug administration.

**Key secondary outcome(s)**

Change in maximum tricuspid regurgitation jet velocity measured in meters/second one hour after study drug administration.

**Completion date**

12/06/2014

**Eligibility****Key inclusion criteria**

1. Over the age of 18
2. Display a tricuspid regurgitation jet velocity over 2.7 m/s on an inpatient echocardiogram during their current hospital stay

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 Years

**Sex**

All

**Total final enrolment**

49

**Key exclusion criteria**

1. Inability to provide written informed consent
2. Known pulmonary vascular disease
3. Known intolerance to niacin or current treatment with niacin
4. Current treatment with a non-steroidal anti-inflammatory drug (NSAID)
5. Known liver disease (AST/ALT > 3x the upper limit of normal)
6. Patients currently on ventilator support or using a bi-level positive airway pressure (BiPAP) device

**Date of first enrolment**

25/03/2013

**Date of final enrolment**

14/04/2014

**Locations****Countries of recruitment**

United States of America

**Study participating centre**

MedStar Georgetown University Hospital

United States of America

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**Sponsor information****Organisation**

Georgetown University Institutional Review Board

**ROR**

<https://ror.org/05vzafd60>

# Funder(s)

## Funder type

Other

## Funder Name

Folger Grant for Cardiovascular Prevention

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Available on request

## Study outputs

| Output type                     | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | results | 21/11/2015   |            | Yes            | No              |