

# Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

<b>Submission date</b> 30/09/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 30/09/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 19/09/2016	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0051127202

# Study information

## Scientific Title

Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

## Study objectives

To establish what type of exercise training best improves measures of functional capacity and quality of life in patients with Chronic Heart Failure (CHF).

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Not provided at time of registration

## Primary study design

Interventional

## Study design

Randomised controlled trial

## Study type(s)

Quality of life

## Health condition(s) or problem(s) studied

Cardiovascular: congestive heart failure (CHF)

## Interventions

Randomised controlled trial

## Intervention Type

Other

## Phase

Not Applicable

## Primary outcome(s)

Development of a combined exercise programme should be established for CHF patients

## Key secondary outcome(s)

Not provided at time of registration

## Completion date

30/03/2005

## Eligibility

### Key inclusion criteria

Thirty eligible patients with stable chronic heart failure

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/06/2003

**Date of final enrolment**

30/03/2005

**Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Brighton & Sussex University Hospitals NHS Trust (RSCH)**

Brighton

United Kingdom

BN2 5BE

**Sponsor information**

**Organisation**

Department of Health

**Funder(s)**

**Funder type**

Hospital/treatment centre

**Funder Name**

Brighton and Sussex University Hospitals NHS Trust (UK)

**Results and Publications****Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration