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Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

Submission date	Recruitment status	[ ] Prospectively registered
30/09/2004	No longer recruiting	[ ] Protocol
Registration date	Overall study status	[ ] Statistical analysis plan
30/09/2004	Completed	[ ] Results
Last Edited	Condition category	[ ] Individual participant data
19/09/2016	Circulatory System	[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0051127202

Study information

Scientific Title
Randomised controlled trial to compare the benefits of aerobic, resistance and a combination of aerobic and resistance exercise training on stable chronic heart failure patients (Pilot Study)

Study objectives
To establish what type of exercise training best improves measures of functional capacity and quality of life in patients with Chronic Heart Failure (CHF).

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Cardiovascular: congestive heart failure (CHF)

Interventions
Randomised controlled trial

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Development of a combined exercise programme should be established for CHF patients

Key secondary outcome(s)
Not provided at time of registration

Completion date
30/03/2005

Eligibility

Key inclusion criteria

Thirty eligible patients with stable chronic heart failure

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
All

Key exclusion criteria
Does not match inclusion criteria

Date of first enrolment
01/06/2003

Date of final enrolment
30/03/2005

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Brighton & Sussex University Hospitals NHS Trust (RSCH)
Brighton
United Kingdom
BN2 5BE

Sponsor information

Organisation
Department of Health

Funder(s)

Funder type
Hospital/treatment centre

Funder Name
Brighton and Sussex University Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration