

# Reduction of adverse effects by systemic antihistamines during therapy with fumarates in severe chronic plaque psoriasis

|                                        |                                                                  |                                                      |
|----------------------------------------|------------------------------------------------------------------|------------------------------------------------------|
| <b>Submission date</b><br>22/11/2006   | <b>Recruitment status</b><br>No longer recruiting                | <input type="checkbox"/> Prospectively registered    |
| <b>Registration date</b><br>22/11/2006 | <b>Overall study status</b><br>Completed                         | <input type="checkbox"/> Protocol                    |
| <b>Last Edited</b><br>18/09/2008       | <b>Condition category</b><br>Skin and Connective Tissue Diseases | <input type="checkbox"/> Statistical analysis plan   |
|                                        |                                                                  | <input type="checkbox"/> Results                     |
|                                        |                                                                  | <input type="checkbox"/> Individual participant data |
|                                        |                                                                  | <input type="checkbox"/> Record updated in last year |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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## Additional identifiers

### Protocol serial number

NTR744

## Study information

Scientific Title

**Study objectives**

Not provided at time of registration

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Ethics approval received from the local medical ethics committee

**Study design**

Randomised placebo-controlled clinical trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Psoriasis

**Interventions**

Randomisation in two groups. One patient group will receive fumarate therapy combined with levocetirizine. The other patient group will receive fumarate therapy combined with a placebo instead of levocetirizine.

**Intervention Type**

Drug

**Phase**

Not Specified

**Drug/device/biological/vaccine name(s)**

Fumarate therapy, levocetirizine

**Primary outcome(s)**

PASI-score

**Key secondary outcome(s))**

Skin-biopsies

**Completion date**

01/01/2008

**Eligibility****Key inclusion criteria**

1. Patients with known severe psoriasis of the chronic plaque type
2. Psoriasis Area and Severity Index (PASI) more than ten
3. Age more than 18 years
4. Psoriasis therapies cannot be administered starting from 28 days before baseline visit until discontinuation of the study medications at the end of the study
5. All forms of ultraviolet light therapy are prohibited during the study through week 12, such as Psoralen Ultraviolet A therapy (PUVA) and Ultraviolet B (UVB) (including narrow band UVB and excimer laser). PUVA is prohibited starting from 28 days before the baseline and UVB is prohibited starting from 14 days before baseline
6. All forms of topical psoriasis therapies cannot be administered from 14 days before baseline until discontinuation of the study medications through week 12
7. Investigational or biological drugs are not permitted from 28 days prior to screening visit until discontinuation of the study medication at the end of study

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Not Specified

**Key exclusion criteria**

1. Pregnancy and breast-feeding
2. Patients with prostate hyperplasia, glaucoma, stomach ulcer
3. Patients with liver diseases
4. Patients with kidney diseases
5. Patients with blood test deviations
6. Patients with gastro-intestinal diseases
7. Patients with a history of malignancies
8. Presence of clinically significant renal and hepatic laboratory values (i.e., male patients with serum creatinine more than or equal to 133  $\mu\text{mol/L}$ ; female patients with serum creatinine more than or equal to 124  $\mu\text{mol/L}$ ; Alanine Aminotransferase [ALT], Aspartate Aminotransferase [AST], total bilirubin, Gamma-Glutamyl Transferase [GGT], or Alkaline Phosphatase more than 2.5 times the upper limit of the reference range)
9. Serum lipase impairments (total cholesterol more than 6.5  $\text{mmol/L}$ , Low Density Lipoprotein [LDL]-cholesterol less than 2  $\text{mmol/L}$ , triglyceride more than 3  $\text{mmol/L}$ ).
10. Haemoglobin parameters must satisfy the following criteria:
  - a. haemoglobin less than 7.5  $\text{mmol/L}$
  - b. leukocytes more than  $3.50 \times 10^9/\text{L}$  and less than  $10 \times 10^9/\text{L}$
  - c. lymphocytes more than 15% and less than 50% of the total white cell count

**Date of first enrolment**

01/09/2006

**Date of final enrolment**

01/01/2008

## Locations

**Countries of recruitment**

Netherlands

**Study participating centre**

Erasmus Medical Center

Rotterdam

Netherlands

3000 CA

## Sponsor information

**Organisation**

Erasmus Medical Center (The Netherlands)

**ROR**

<https://ror.org/018906e22>

## Funder(s)

**Funder type**

Not defined

**Funder Name**

Not provided at time of registration

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration