

# Testing whether patients and researchers presenting side-by-side improves communication of scleroderma research to patients

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<b>Registration date</b> 04/08/2025	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 18/11/2025	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Research ethics policies and funding agencies emphasize or require that researchers involve patients as research partners across all stages of research, including the sharing of research findings. Many researchers find it difficult to simplify complex findings, and many patients find it hard to understand the purpose or results of studies. To help make research more accessible, our Scleroderma Patient-centered Intervention Network (SPIN) piloted a new approach called “co-presentation,” where researchers and patients present study results together to other patients. This study will test whether co-presentation helps patients better understand research compared to when researchers present alone.

The study, called the SPIN – Patients Alongside Investigators in Research-Sharing (SPIN-PAIRS) Trial, will compare these two ways of sharing results during an online, patient-oriented event for people with scleroderma. It will examine how participants perceive the completeness, understandability, relevance, and trustworthiness of the information presented.

### Who can participate?

Adults with scleroderma who are interested in attending an online research event about recent studies on scleroderma.

### What does the study involve?

Registered attendees will attend a 90-minute online research event. They will be randomly placed in one of two virtual rooms, where they will either watch: (A) four recordings where a researcher and a patient present together, or (B) four recordings where only a researcher presents.

Each recording will be followed by a live question-and-answer period. After each presentation, participants will answer short questions on Zoom about how complete, understandable, relevant, and trustworthy they found the information. Some participants may also be invited to take part in a short interview after the event to share their experience in more detail.

What are the possible benefits and risks of participating?

There are no direct health benefits from participating, but participants may find the research presentations informative. The findings will help improve how research is shared with patients in the future. The only possible harm we identified is that being informed of research results may lead to disappointment if the results are not as hoped.

Where is the study run from?

The study is run by the SPIN research team at the Jewish General Hospital (Montreal, Canada) in collaboration with 15 scleroderma patient organizations.

When is the study starting and how long is it expected to run for?

The online event will occur in November 2025. The follow-up interviews will be completed within a few weeks.

Who is funding the study?

This study is funded by the Canadian Institutes of Health Research (CIHR).

Who is the main contact?

Brett D. Thombs, PhD, Jewish General Hospital, [brett.thombs@mcgill.ca](mailto:brett.thombs@mcgill.ca)

## Contact information

### Type(s)

Public, Scientific, Principal investigator

### Contact name

Dr Brett Thombs

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## Additional identifiers

## Study information

Scientific Title

Randomized controlled trial to evaluate patient and researcher co-presentation of research results: the scleroderma patient-centered intervention network – patients alongside investigators in research-sharing (SPIN-PAIRS) trial

## **Acronym**

SPIN-PAIRS

## **Study objectives**

The SPIN Patients Alongside Investigators in Research-Sharing (SPIN-PAIRS) Trial will be conducted as part of a 90-minute virtual research event for people living with systemic sclerosis and family members or others close to them, and will compare researcher and patient partner co-presentation versus researcher-alone presentation. Post-trial, interviews will be conducted with patient and researcher presenters, separately, and with patient trial participants to better understand and explain trial results and obtain information to improve and optimize co-presentation implementation.

## **Ethics approval required**

Ethics approval required

## **Ethics approval(s)**

approved 16/07/2025, Research Ethics Board of the Integrated University Health and Social Services Center of West-Central Montreal (Centre Intégré Universitaire de Santé et de Services Sociaux du Centre-Ouest-de-L'île-de-Montréal) (3755 Chemin de la Côte Sainte-Catherine, Montreal, H3T 1E2, Canada; +1 (514) 630-2123; recherche.comtl@ssss.gouv.qc.ca), ref: 2025-4165

## **Study design**

Mixed-method involving a two-arm parallel-group randomized controlled trial (RCT) embedded in a 90-minute virtual research event and interview study

## **Primary study design**

Interventional

## **Study type(s)**

Quality of life

## **Health condition(s) or problem(s) studied**

Patient and researcher co-presentation of research results compared to researcher-alone presentation among people with systemic sclerosis.

## **Interventions**

This will be a mixed-method study with (1) a two-arm parallel-group randomized controlled trial (RCT) embedded in a 90-minute virtual research event and (2) interviews with patient and researcher co-presenters, separately, and with trial participants.

Researchers and patient partners will be recruited to present research, and participants will be recruited to attend and rate the presentations. To avoid presentation-related biases, pre-event, researchers will record researcher-alone presentations. They will then receive co-presentation training and develop co-presentations with patient partners, which will also be recorded.

On the day of the event, consented and registered participants will be sent a Qualtrics link to join the online event. Those who click on the link will be randomly assigned to the co-presentation or researcher-alone presentation rooms via randomization in Qualtrics. Based on randomization, participants will be emailed a Zoom link for their assigned room. The co-presentation and researcher-alone presentation events will occur simultaneously and last 90 minutes (4 presentations, which will each include 10 minutes for the presentation, 8 minutes for live questions and answers, and 2 minutes to complete outcome measures; 5 minutes each for welcoming and closing). Participants will not be aware that they are being randomized or that there are separate events with different presentation formats occurring simultaneously. The same studies will be presented in each arm.

## **Intervention Type**

Behavioural

## **Primary outcome(s)**

Participant ratings of presentation (1) information completeness, (2) perceived understandability, (3) relevance to patients, and (4) trust in the research findings, collected immediately from participants after each presentation using Zoom's poll feature at one timepoint. Response options for all items will be on a 0 to 10 scale (0 = strongly disagree to 10 = strongly agree).

## **Key secondary outcome(s)**

1. Subgroup analyses of all primary outcomes by age (18 to 44 years, 45 to 64 years, 65 years or older), gender (women, men, other if sufficient number of participants), race or ethnicity (White, other), country (Canada, France, United States, other), education level ( $\leq 12$  years,  $> 12$  years), and health literacy (HLS19-Q12  $\geq 66.67$  = sufficient or excellent, HLS19-Q12  $< 66.67$  = inadequate or problematic).

2. Qualitative interviews with patient and researcher presenters, separately, and with event attendees to obtain perspectives to help us better understand and explain trial results and obtain information to improve and optimize co-presentation implementation.

## **Completion date**

15/12/2025

## **Eligibility**

### **Key inclusion criteria**

1. Adults aged 18 years or older
2. Diagnosed with systemic sclerosis by a physician

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Mixed

**Lower age limit**

18 years

**Upper age limit**

100 years

**Sex**

All

**Total final enrolment**

0

**Key exclusion criteria**

Not meeting the key inclusion criteria

**Date of first enrolment**

22/11/2025

**Date of final enrolment**

22/11/2025

**Locations****Countries of recruitment**

Canada

**Study participating centre**

**Centre Intégré Universitaire de Santé et de Services Sociaux du Centre-Ouest-de-l'Île-de-Montréal**

3755 Chemin de la Côte Sainte-Catherine

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**Sponsor information****Organisation**

Jewish General Hospital

**ROR**

<https://ror.org/056jjra10>

**Funder(s)**

## Funder type

Government

## Funder Name

Canadian Institutes of Health Research

## Alternative Name(s)

Instituts de Recherche en Santé du Canada, The Canadian Institutes of Health Research (CIHR), Canadian Institutes of Health Research (CIHR), Canadian Institutes of Health Research | Ottawa ON, CIHR - Welcome to the Canadian Institutes of Health Research, CIHR, IRSC

## Funding Body Type

Government organisation

## Funding Body Subtype

National government

## Location

Canada

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from the corresponding author, Dr Brett Thombs (brett.thombs@mcgill.ca). Anonymised IPD can be requested by contacting the Principal Investigator and submitting a proposal for analysis. IPD will be available 1 year after trial completion.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Protocol article</a>		12/11/2025	18/11/2025	Yes	No