

# Randomised controlled trial of Triple P intervention for multi-problem families [Opvoedingsondersteunings programma Triple P]

|                                        |                                                               |                                                      |
|----------------------------------------|---------------------------------------------------------------|------------------------------------------------------|
| <b>Submission date</b><br>22/11/2006   | <b>Recruitment status</b><br>No longer recruiting             | <input type="checkbox"/> Prospectively registered    |
| <b>Registration date</b><br>22/11/2006 | <b>Overall study status</b><br>Completed                      | <input type="checkbox"/> Protocol                    |
| <b>Last Edited</b><br>14/10/2008       | <b>Condition category</b><br>Mental and Behavioural Disorders | <input type="checkbox"/> Statistical analysis plan   |
|                                        |                                                               | <input type="checkbox"/> Results                     |
|                                        |                                                               | <input type="checkbox"/> Individual participant data |
|                                        |                                                               | <input type="checkbox"/> Record updated in last year |

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

Dr I de Graaf

### Contact details

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Utrecht  
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## Additional identifiers

## Study information

Scientific Title

Study objectives

The tested intervention (level five intervention of Triple P, an intensive individual training for the family of children with behavioural problems) will cause a decrease in behavioural problems in children, dysfunctional parenting styles in parents, and depression, anxiety and stress in parents. Furthermore it will cause an increase in parenting competences in parents.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Received from the local medical ethics committee

**Primary study design**

Interventional

**Study design**

Multicentre, randomised, active controlled, parallel group trial

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Behavioural and emotional problems in children

**Interventions**

The Triple P (Positive Parenting Program) consists of five levels, ranging from brief and broad support to parents in dealing with a child who exhibits behavioural problems to an intensive family intervention (level five). This intervention is aimed at family dysfunction and serious behavioural problems in a child. It offers intensive individual training for the family (around eleven sessions of one hour each, divided in modules), focusing on the child's behavioural problems (in combination with problems of the parents such as conflict between the partners, depression and stress).

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Decrease of behavioural and emotional problems in children.

**Key secondary outcome(s)**

1. Decrease of dysfunctional parenting styles
2. Depression, anxiety and stress in parents
3. Increase of parenting competences

**Completion date**

31/12/2008

# Eligibility

## Key inclusion criteria

1. Multi-problem family
2. Children between four to 13 years old

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Child

## Lower age limit

4 Years

## Upper age limit

13 Years

## Sex

All

## Key exclusion criteria

Does not comply with the above inclusion criteria

## Date of first enrolment

01/10/2006

## Date of final enrolment

31/12/2008

# Locations

## Countries of recruitment

Netherlands

## Study participating centre

Trimbos Institute - Netherlands Institute of Mental Health and Addiction  
Utrecht  
Netherlands  
3500 AS

# Sponsor information

## Organisation

Trimbos Institute - Netherlands Institute of Mental Health and Addiction (The Netherlands)

## ROR

<https://ror.org/02amggm23>

## Funder(s)

### Funder type

Research organisation

### Funder Name

The Netherlands Organization for Health Research and Development (ZonMw) (The Netherlands)

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

| Output type                   | Details       | Date created | Date added | Peer reviewed? | Patient-facing? |
|-------------------------------|---------------|--------------|------------|----------------|-----------------|
| <a href="#">Study website</a> | Study website | 11/11/2025   | 11/11/2025 | No             | Yes             |