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Does imaging atheroscopic plaque increase motivation to stop smoking? A pilot RCT study to assess potential effectiveness

Submission date	Recruitment status	[ ] Prospectively registered
29/09/2006	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
29/09/2006	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
06/01/2010	Mental and Behavioural Disorders	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0013146158

Study information

Scientific Title

Study objectives
The aim of this investigation is to establish whether showing patients images of their own atherosclerotic arteries will motivate change in the patient's thoughts regarding their smoking habits. Do patients feel more motivated to stop smoking when they are visually confronted with the concrete damage that their smoking has incurred?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Pilot randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Mental and Behavioural Disorders: Smoking cessation

Interventions
Vascular outpatients are randomly allocated to either be shown a picture of their own damaged arteries, an index of vascular disease and a picture of a healthy artery or a control group without this intervention. Questionnaires regarding the patients intention to stop smoking will be completed by both groups.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Patients' intention to stop smoking.

Key secondary outcome(s)
Not provided at time of registration

Completion date
15/06/2005

Eligibility

Key inclusion criteria
Adult smokers (at least 1 cigarette per day) attending an outpatient vascular clinic at Guy's Hospital.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Not Specified

Key exclusion criteria
1. Inability to give informed consent
2. Understand the questionnaire or the nature of the ultrasound

Date of first enrolment
15/03/2004

Date of final enrolment
15/06/2005

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Academic Psychiatry
London
United Kingdom
SE1 9RT

Sponsor information

Organisation
Record Provided by the NHSTCT Register - 2006 Update - Department of Health

Funder(s)

Funder type
Government

Funder Name
Guy's and St. Thomas' NHS Foundation Trust (UK), Own Account NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2007		Yes	No