

A randomised pilot study: does the addition of acupuncture to back fitness and education reduce disability in chronic low back pain?

Submission date 28/09/2007	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 28/09/2007	Overall study status Completed	☐ Protocol
Last Edited 14/10/2014	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Miss Liz Mariner

Contact details

North Hampshire Hospitals NHS Trust
Aldermaston Road
Basingstoke
United Kingdom
RG24 9NA

Additional identifiers

Protocol serial number

N0360186487

Study information

Scientific Title

Study objectives

To determine if adding acupuncture to back education and fitness classes significantly reduces disability in those with low back pain compared to back education and fitness alone or back education and fitness plus sham acupuncture.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled pilot study

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Musculoskeletal Diseases: back pain

Interventions

Acupuncture in addition to back education and fitness classes

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Oswestry Low Back Pain disability Questionnaire

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/04/2007

Eligibility

Key inclusion criteria

All individuals over the age of 18 with diagnosed non-specific chronic low pack pain referred to the back fitness and education group at the North Hampshire Hospital

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

26/06/2006

Date of final enrolment

01/04/2007

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

North Hampshire Hospitals NHS Trust

Basingstoke

United Kingdom

RG24 9NA

Sponsor information

Organisation

Record Provided by the NHSTCT Register - 2007 Update - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

North Hampshire Hospitals NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration