ISRCTN15262355 https://doi.org/10.1186/ISRCTN15262355

A prospective, placebo controlled, double-blind randomised cross over study evaluating the effects of xylitol-containing chewing gum versus ordinary chewing gum on recurrent purulent upper respiratory tract infections

Submission date 12/09/2003	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 12/09/2003	**Overall study status** Completed	
Last Edited 25/11/2019	**Condition category** Respiratory	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Peter Andrews

Contact details
Department of ENT, RNTNE
Royal Free Hampstead NHS Trust
330 Grays Inn Road
Kings Cross
London
United Kingdom
WC1X 8DA

Additional identifiers

Protocol serial number
N0256119254

Study information

Scientific Title
A prospective, placebo controlled, double-blind randomised cross over study evaluating the effects of xylitol-containing chewing gum versus ordinary chewing gum on recurrent purulent upper respiratory tract infections

Study objectives
Does xylitol reduce the number of upper respiratory tract infections?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Upper respiratory tract infections

Interventions
Clinical trial

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Service outcomes development.

Key secondary outcome(s)
Not provided at time of registration

Completion date
15/10/2003

Eligibility

Key inclusion criteria

30 patients aged between 5-65.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Mixed

Sex
All

Key exclusion criteria
Does not match inlcusion criteria

Date of first enrolment
15/11/2002

Date of final enrolment
15/10/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Royal Free Hampstead NHS Trust
London
United Kingdom
WC1X 8DA

Sponsor information

Organisation
Department of Health (UK)

Funder(s)

Funder type
Hospital/treatment centre

Funder Name
The Royal Free Hampstead NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration