

Evaluation of a preventative intervention for postnatal depression and associated difficulties in the mother-infant relationship, a controlled trial.

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| Submission date 23/01/2004 | Recruitment status No longer recruiting | <input type="checkbox"/> Prospectively registered |
| Registration date 23/01/2004 | Overall study status Completed | <input type="checkbox"/> Protocol |
| Last Edited 19/09/2012 | Condition category Mental and Behavioural Disorders | <input type="checkbox"/> Statistical analysis plan |
| | | <input checked="" type="checkbox"/> Results |
| | | <input type="checkbox"/> Individual participant data |

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
MCH 01-44

Study information

Scientific Title

Study objectives

To produce a treatment manual for the prevention of postnatal depression. To evaluate the impact of this treatment on maternal mood, the mother-infant relationship and infant development outcome. To determine whether this treatment can be delivered effectively by trained NHS Health Visitors.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Postpartum depression

Interventions

Not provided at time of registration

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Report in medical, health visitor and psychiatric journals. The treatment will be revised in the light of the study findings and made available in the form of a manual to Health Visitor services.

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/10/2000

Eligibility

Key inclusion criteria

240 women at risk from postpartum depression

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Female

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/10/1996

Date of final enrolment

01/10/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

University of Reading

Reading

United Kingdom

RG6 6AL

Sponsor information**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Mother and Child Health National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

| Output type | Details | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|---------|--------------|------------|----------------|-----------------|
| Results article | results | 01/09/2006 | | Yes | No |