

A comparison of two psychological treatments for severe eating disorders

Submission date 22/07/2005	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 22/07/2005	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 12/06/2015	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
046386

Study information

Scientific Title
A comparison of two psychological treatments for severe eating disorders

Study objectives

1. To test theories regarding what processes cause clinical eating disorders to persist.
2. To evaluate the relative effectiveness of two different psychological treatments for severe eating disorders.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Eating disorders

Interventions

Randomised controlled trial with embedded psychological tests.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. Standardised measures of eating disorder features
2. General psychiatric symptoms
3. Psychosocial impairment

Key secondary outcome(s)

No secondary outcome measures

Completion date

30/09/2007

Eligibility**Key inclusion criteria**

1. Patients with any type of severe eating disorder
2. 18 to 60 years
3. Living in central Oxfordshire or Leicestershire
4. Available for treatment

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Key exclusion criteria

1. Patients who have been previously exposed to either of the two treatments
2. Pregnancy

Date of first enrolment

01/10/2001

Date of final enrolment

30/09/2005

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

University of Oxford

Oxford

United Kingdom

OX33 1JT

Sponsor information**Organisation**

University of Oxford (UK)

ROR

<https://ror.org/052gg0110>

Funder(s)

Funder type

Charity

Funder Name

Wellcome Trust (UK) (grant ref: 046386)

Alternative Name(s)

Funding Body Type

Private sector organisation

Funding Body Subtype

International organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2009		Yes	No
Results article	results	01/07/2015		Yes	No