

# A pre-surgery trial looking at the effect of combining megestrol acetate with letrozole or letrozole alone for postmenopausal patients with early, oestrogen receptor positive breast cancer

<b>Submission date</b> 02/05/2017	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 26/05/2017	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 16/10/2024	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

<https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial/a-trial-of-megestrol-acetate-and-letrozole-for-women-with-breast-cancer-pioneer>

## Contact information

### Type(s)

Public

### Contact name

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### Contact details

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## Additional identifiers

ClinicalTrials.gov (NCT)

NCT03306472

## Clinical Trials Information System (CTIS)

2016-003752-79

### Protocol serial number

33915

## Study information

### Scientific Title

Randomised Phase II clinical trial PIONEER: A Pre-operative wInDOW study of letrozole plus PR agonist (megestrol acetate) versus letrozole alONE in post-menopausal patients with ER-positive breast cancer

### Acronym

PIONEER

### Study objectives

The aim of this study is to investigate the effect of combining megestrol acetate (a progesterone receptor activator) and letrozole (an anti-oestrogen, and standard endocrine therapy for post-menopausal women), in patients with newly diagnosed, untreated, ER-positive, HER2-negative, invasive primary breast cancer.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Newcastle & North Tyneside 1 Research Ethics Committee, 24/05/2017, ref: 17/NE/0113

### Study design

Randomised; Interventional; Design type: Treatment, Screening, Drug, Surgery

### Primary study design

Interventional

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

ER-positive breast cancer in post-menopausal patients

### Interventions

Patients will be randomised to one of three study arms.

Arm A: Participants receive oral letrozole (2.5 mg) alone daily for 15 days (this may be extended up to 19 days to accommodate the surgery date).

Arm B: Participants receive oral letrozole 2.5mg plus megestrol acetate 40 mg daily for 15 days (this may be extended up to 19 days to accommodate the surgery date).

Arm C: Participants receive oral letrozole 2.5mg plus megestrol acetate 160mg daily for 15 days (this may be extended up to 19 days to accommodate the surgery date).

## Intervention Type

Drug

## Phase

Phase II

## Drug/device/biological/vaccine name(s)

Letrozole, megestrol acetate

## Primary outcome(s)

Change in tumour proliferation is measured using Ki67 immuno-histochemical (IHC) assessment between pre-treatment (baseline) and post-treatment tumour samples (Day 15).

## Key secondary outcome(s)

1. Change in tumour apoptosis is measured using Caspase 3 IHC assessment between pre-treatment (baseline) and post-treatment tumour samples (Day 15)
2. Changes in the expression of Androgen Receptor (AR) and Progesterone Receptor (PR) are measured using IHC assessment between pre-treatment (baseline) and post-treatment tumour samples (Day 15)
3. Change in proliferation by Aurora Kinase A (IHC) between baseline and Day 15 (+≤4 Days)
4. Change in tumour proliferation is also measured using Aurora Kinase A IHC assessment between pre-treatment (baseline) and post-treatment tumour samples (Day 15).
5. The absolute value of the Ki67 IHC assessment post-treatment (Day 15) is also recorded.
6. Safety of the trial treatments is assessed based on the incidence of serious adverse events and adverse events of all grades throughout the trial, grading is assessed using CTCAE criteria.

## Exploratory Outcomes:

1. Transcription factor mapping of the Oestrogen Receptor (ER) will be assessed using ChIP-sequencing
2. The differences in response to treatments within the METABRIC-defined subtypes of ER-positive breast cancer will be assessed

## Completion date

30/11/2022

## Eligibility

### Key inclusion criteria

1. Histologically confirmed breast adenocarcinoma
2. Postmenopausal women, defined as having experienced:
  - 2.1. 12 months of natural (spontaneous) amenorrhea with an appropriate clinical profile (e.g. ≥50 years, history of vasomotor symptoms) or
  - 2.2. Six months of spontaneous amenorrhea with serum FSH levels > 40 mIU/mL and estradiol < 20 pg/mL or
  - 2.3. Surgical bilateral oophorectomy (with or without hysterectomy) at least six weeks ago.
3. Core biopsy confirmation of ER positive (Allred≥3) and HER2 negative invasive carcinoma on core biopsy, ≥T1c, either cN0 or N+
4. Patients whose cancers have been deemed to be operable by the MDT
5. Surgery planned within the next 2-6 weeks
6. ECOG performance status of 0, 1 or 2
7. Adequate Liver, Renal and Bone marrow function, defined as:

- 7.1. Adequate liver function where bilirubin is  $\leq 1.5 \times \text{ULN}$
- 7.2. Adequate renal function with estimated creatinine clearance of  $\geq 60 \text{ ml/min}$
- 7.3. Adequate bone marrow function with ANC  $\geq 1.0 \times 10^9/\text{L}$  and Platelet count  $\geq 100 \times 10^9/\text{L}$
8. Written informed consent to participate in the trial and to donation of tissue

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

Female

**Key exclusion criteria**

1. History of hormone replacement therapy in the last 6 months
2. Previous treatment with tamoxifen or an aromatase inhibitor in the last 6 months
3. Known hypersensitivity or contraindications to aromatase inhibitors or megestrol acetate
4. Known allergy to lactose
5. Known to have a progestogen-containing intrauterine system in situ, unless removed prior to randomisation
6. Known metastatic disease on presentation
7. Recurrent breast cancer (patients with a new primary invasive breast cancer will be eligible to participate)
8. Serious concomitant disorders that would compromise the safety of the patient or compromise the patient's ability to complete the study, at the discretion of the investigator
9. Treatment with an investigational drug within 4 weeks before randomization
10. Inability to swallow orally administered medication and patients with gastrointestinal disorders likely to interfere with absorption of the trial medication
11. Inability to give informed consent

**Date of first enrolment**

01/07/2017

**Date of final enrolment**

31/10/2021

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Cambridge University Hospitals NHS Foundation Trust**  
Addenbrooke's Hospital  
Cambridge Biomedical Campus  
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CB2 0QQ

## Sponsor information

### Organisation

Cambridge University Hospitals NHS Foundation Trust

### ROR

<https://ror.org/04v54gj93>

## Funder(s)

### Funder type

Research organisation

### Funder Name

Het Anti-Kankerfonds - Le Fonds Anti-Cancer

## Results and Publications

### Individual participant data (IPD) sharing plan

The datasets generated and/or analysed during the current study during this study will be included in the subsequent results publication.

### IPD sharing plan summary

Other

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Basic results</a>		15/10/2024	16/10/2024	No	No
<a href="#">HRA research summary</a>			28/06/2023	No	No