

Efficacy of a multicomponent support programme for caregivers of disabled persons: a randomised controlled study

Submission date 04/05/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 19/09/2007	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 11/06/2019	Condition category Other	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
cg171201

Study information

Scientific Title

Efficacy of a multicomponent support programme for caregivers of disabled persons: a randomised controlled study

Acronym

CAREGIVER

Study objectives

A tailored support programme for caregivers of the disabled persons is effective in helping them to continue their caregiving.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the Ethical Committee of Kymenlaakso Central Hospital, Kotka on the 17th December 2001 (addition 17th February 2003).

Primary study design

Interventional

Study design

A randomised controlled trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Caregiving of a disabled person

Interventions

Tailored two weeks training period in a rehabilitation centre, with tailored physical exercise, lessons about caregivers role to give psychological support and increase caregivers' knowledge and checking for medical treatments.

The control group received usual care.

The follow-up time was two years for mortality and continuation of caregiving, one year for quality of life and Zung's depression scale.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Mortality of the care receiver
2. Continuity of caregiving
3. Placement of the care receiver into an institutional care

Primary outcomes were measured at two years.

Key secondary outcome(s)

1. Health related quality of life of the caregiver (15D Measure of Health-Related Quality of Life)
2. Depressive symptoms of the caregiver (Zung's depression scale)

Secondary outcomes were measured at one year.

Completion date

31/12/2006

Eligibility

Key inclusion criteria

1. 135 caregiver - care receiver dyads randomly divided into an intervention group (n = 66) and a control group (n = 69)
2. Caregiver of a disabled adult person living in Kuusankoski and Kouvola region (south-east Finland)
3. Caregiving continued at least six months
4. Ability to leave the care receiver to temporary institutional care
5. Ability to live in spa-hotel conditions during the intervention

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

135

Key exclusion criteria

1. Serious mental or physical disease of the caregiver
2. Caregiving only occasional
3. Not able to leave the care receiver
4. Not able to live in a spa-hotel during the intervention

Date of first enrolment

26/02/2003

Date of final enrolment

31/12/2006

Locations

Countries of recruitment

Finland

Study participating centre

University of Kuopio

Kuopio

Finland

70100

Sponsor information

Organisation

The Social Insurance Institution of Finland (KELA) (Finland)

ROR

<https://ror.org/057yw0190>

Funder(s)

Funder type

Government

Funder Name

The Social Insurance Institution of Finland (KELA) (Finland)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2013	11/06/2019	Yes	No