

# Comparison of three nerve block techniques on postoperative pain and recovery after modified radical mastectomy

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 07/11/2025	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 07/11/2025	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data
		<input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

A modified radical mastectomy is a procedure in which the entire breast is removed, including the skin, areola, nipple, and most axillary lymph nodes. It often causes significant postoperative pain that may delay recovery. This study compares three regional anesthesia techniques — erector spinae plane block (ESPB), thoracic paravertebral block (TPVB), and pectoral nerve block (PECS) — to determine which provides better pain relief and improves quality of recovery.

### Who can participate?

Adult female patients aged 18–70 years, with ASA physical status I–II, scheduled for unilateral modified radical mastectomy. Patients with obesity, previous breast surgery, coagulation disorders, allergies to study drugs, severe systemic diseases or opioid use were excluded.

### What does the study involve?

Participants were randomly allocated to receive ESPB, TPVB, or PECS block before general anesthesia. All patients received the same surgical and anesthetic treatment. Pain scores, morphine use, side effects, and quality of recovery were assessed over 24 hours after surgery.

### What are the possible benefits and risks of participating?

Participants may experience improved pain control and comfort. Risks are minimal and limited to those associated with standard regional anesthesia techniques (e.g., bleeding, infection, block failure).

### Where is the study run from?

Afyonkarahisar Health Sciences University (Türkiye)

### When is the study starting and how long is it expected to run for?

February 2021 to March 2023

### Who is funding the study?

Investigator initiated and funded

Who is the main contact?  
Dr Bilal Atilla Bezen, drbilalatilla@gmail.com

## Contact information

### Type(s)

Public, Scientific, Principal investigator

### Contact name

Dr Bilal Atilla Bezen

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### Contact details

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### Protocol serial number

Nil known

## Study information

### Scientific Title

A randomized controlled trial comparing the effects of erector spinae plane block, thoracic paravertebral block, and pectoral nerve block on postoperative analgesia and Quality of Recovery-15 in patients undergoing modified radical mastectomy

### Study objectives

Primary Objective:

To compare the effects of erector spinae plane block (ESPB), thoracic paravertebral block (TPVB), and pectoral nerve block (PECS) on postoperative opioid consumption in patients undergoing modified radical mastectomy.

Secondary Objectives:

To compare time to first analgesic request, QoR-15 scores, pain scores, side effects, and patient satisfaction between the three block techniques.

## **Ethics approval required**

Ethics approval required

## **Ethics approval(s)**

approved 30/04/2021, Afyonkarahisar Health Sciences University Clinical Research Ethics Committee (Afyonkarahisar Sağlık Bilimleri Üniversitesi | TIP FAKÜLTESİ | Zafer Sağlık Külliyesi A Blok, Dört Yol Mah. 2078 Sok. No:3, Afyonkarahisar, 03030, Türkiye; +90 (0)272 246 33 01; info@afsu.edu.tr), ref: 335

## **Study design**

Single-centre prospective randomized controlled single-blind clinical trial with parallel group assignment

## **Primary study design**

Interventional

## **Study type(s)**

Treatment

## **Health condition(s) or problem(s) studied**

Breast cancer

## **Interventions**

A computer-generated randomization sequence was used for participant allocation into three intervention groups (ESPB, TPVB, and PECS), and group assignments were concealed using sealed opaque envelopes. All groups received the same standardized general anesthesia protocol, serving as the control framework for comparison between the different regional techniques. After the operation, the patient's medical follow-up and treatment were performed by a researcher blinded to the study.

## **Intervention Type**

Other

## **Primary outcome(s)**

Total morphine consumption (mg) measured using the patient-controlled analgesia (PCA) device at 24 hours postoperatively

## **Key secondary outcome(s)**

1. Time to first morphine request, recorded from arrival in recovery until the first PCA morphine dose request (minutes)
2. Postoperative pain intensity, measured using the Visual Analog Scale (VAS) at 0, 1, 3, 6, 12, and 24 hours at rest and during movement
3. Quality of Recovery, assessed using the Quality of Recovery-15 (QoR-15) questionnaire at 24 hours postoperatively
4. Incidence of rescue fentanyl administration, based on VAS  $\geq 4$ , within the first 24 hours
5. Incidence of postoperative nausea and vomiting (PONV) within 24 hours, recorded as present or absent
6. Patient satisfaction with analgesia, assessed at 24 hours using a 5-point Likert scale

## **Completion date**

23/03/2023

# Eligibility

## Key inclusion criteria

1. American Society of Anesthesiologists (ASA) physical status I-II
2. Scheduled for unilateral modified radical mastectomy

## Participant type(s)

Patient

## Healthy volunteers allowed

No

## Age group

Adult

## Lower age limit

18 years

## Upper age limit

70 years

## Sex

Female

## Total final enrolment

90

## Key exclusion criteria

1. Obesity
2. Previous breast surgery
3. Bleeding disorders
4. Allergies to study drugs
5. Anticoagulant or chronic analgesic use
6. Severe cardiac, hepatic, or renal disease

## Date of first enrolment

15/05/2021

## Date of final enrolment

22/03/2023

# Locations

## Countries of recruitment

Türkiye

## Study participating centre

## **Afyonkarahisar Health Sciences University**

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## **Sponsor information**

### **Organisation**

Afyonkarahisar Health Sciences University (Afyonkarahisar Sağlık Bilimleri Üniversitesi)

## **Funder(s)**

### **Funder type**

Other

### **Funder Name**

Investigator initiated and funded

## **Results and Publications**

### **Individual participant data (IPD) sharing plan**

Due to institutional and national legal restrictions, individual participant data cannot be shared.

### **IPD sharing plan summary**

Not expected to be made available