

Prevention of psychological problems in older widowed persons by means of a visiting service: A randomized trial

Submission date 12/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 12/09/2005	Overall study status Completed	☐ Protocol
Last Edited 07/01/2021	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
ZON-MW 63-224

Study information

Scientific Title

Prevention of psychological problems in older widowed persons by means of a visiting service: A randomized trial

Study objectives

Contact with fellow-sufferers, as offered by visiting services to widowed persons with little social support, would show superior effects in improving mental health, quality of life and reducing financial costs to society, compared by a control condition

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Psychological problems

Interventions

Experimental: visiting service. In the visiting service, recently widowed persons are offered to hold supportive one-to-one talks with trained fellow-sufferers. The objective is to provide social support. The volunteers make maximally 10 home visits, spread out over a one-year period. Control condition: respondents in the control condition are offered a brochure about the prevention of depression. These respondents are free to seek help elsewhere on their own initiative.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Mental health
2. Cost-effectiveness

Key secondary outcome(s)

1. Quality of life
2. Grief process
3. Mastery of condition
4. Loneliness

Completion date

01/05/2007

Eligibility

Key inclusion criteria

1. Widow/widower
2. Aged 55 years or older
3. Has lost his/her partner through death 6-12 months earlier
4. Feels lonely according to the 'Loneliness Scale'
5. No mental disorder according to the MINI

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Total final enrolment

216

Key exclusion criteria

When not met the five inclusion criteria mentioned above, people are excluded.

Date of first enrolment

01/11/2002

Date of final enrolment

01/05/2007

Locations

Countries of recruitment

Netherlands

Study participating centre

Trimbos Institute/Netherlands Institute of Mental Health and Addiction

Utrecht

Netherlands

3500 AS

Sponsor information

Organisation

Trimbos Institute (The Netherlands)

ROR

<https://ror.org/02amggm23>

Funder(s)

Funder type

Research organisation

Funder Name

ZON-MW, The Netherlands Organization for Health Research and Development

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	12/06/2008	07/01/2021	Yes	No