

# Single use negative pressure dressing for reduction in surgical site infection following emergency laparotomy

<b>Submission date</b> 24/09/2018	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input checked="" type="checkbox"/> Protocol
<b>Registration date</b> 28/09/2018	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 28/01/2025	<b>Condition category</b> Infections and Infestations	<input type="checkbox"/> Individual participant data

## Plain English summary of protocol

### Background and study aims

Emergency abdominal operations are performed for a variety of life threatening indications, including bowel blockages or perforations, traumatic injuries and major infections. Patients are left with large wounds on the abdomen, at least 1 in 4 of which will become infected. These surgical site infections (SSIs) are painful and take longer to heal, often resulting in a longer hospital stay and greater need for further wound care in the community. In an already unwell patient, development of an SSI can contribute to other major medical complications or even death. Single use negative pressure dressings (SUNPDs) are a special type of closed wound dressing that have recently been developed. They provide gentle suction to the closed wound and may help prevent development of an SSI. Negative pressure dressings are already used for some types of wounds and have been proven to be safe. However, they are more expensive so we need to be sure that they are effective in reducing SSI before widespread uptake can be recommended within the NHS. This study aims to test whether the use of SUNPDs can reduce rates of SSI after emergency surgery on the abdomen.

### Who can participate?

Patients aged 16 and over undergoing emergency abdominal operations

### What does the study involve?

Participants are randomly allocated to receive either the new SUNPD dressings or standard dressings to establish whether they are effective in reducing SSI rates. The number of SSIs and the overall costs of treatment are compared between the two groups and the acceptability of the dressings to both patients and health professionals is assessed.

### What are the possible benefits and risks of participating?

There are no guaranteed direct benefits involved with participating in this study but the SUNPD dressings could be shown to be more effective than standard dressings in preventing wound infections. The risks associated with the SUNPD dressing are the same as with any dressing after surgery. There is a small risk of a skin reaction or allergy to the dressing, which might cause redness, itching, swelling or pain over the skin next to the dressing. No other risks are known.

Where is the study run from?  
University of Birmingham (UK)

When is the study starting and how long is it expected to run for?  
November 2017 to August 2021 (updated 21/01/2021, previously: July 2021)

Who is funding the study?  
National Institute for Health Research (NIHR) (UK)

Who is the main contact?  
James Brown, sunrise@trials.bham.ac.uk

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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**Type(s)**  
Public

**Contact name**  
Mr James Brown

**ORCID ID**  
<https://orcid.org/0000-0003-4513-1509>

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University of Birmingham  
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United Kingdom  
B29 2TT  
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sunrise@trials.bham.ac.uk

# Additional identifiers

**Central Portfolio Management System (CPMS)**

36516

**Protocol serial number**

ACTRN12619000496112

## Study information

**Scientific Title**

Single Use Negative pPressure dressing for Reduction In Surgical site infection following Emergency laparotomy

**Acronym**

SUNRRISE

**Study objectives**

This study aims to test whether the use of a new type of active wound dressing (Single Use Negative Pressure Dressings 'SUNPDs') can reduce rates of wound infection (also called surgical site infection or 'SSI') after emergency surgery on the abdomen.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

1. Yorkshire & The Humber - Bradford Leeds Research Ethics Committee, 17/09/2018, ref: 18/YH/0322
2. Scotland A Research Ethics Committee, 10/07/2019, ref: 19/SS/0065
3. South Western Sydney Local Health District HREC, 01/03/2019, ref: SWS HREC EC00265

**Study design**

Randomised; Interventional; Design type: Treatment, Device

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Surgical wound infection

**Interventions**

Current intervention as of 17/09/2020:

Patients in the UK and Australia will be identified as possible participants by the surgical team as they are assessed during their admission to hospital. It is likely to be the surgical registrar that identifies the patient but it may be any member of the surgical team from Foundation Year 1 doctor to Consultant.

The patient will be approached at the time that the decision to operate is made. Patients will be given a Patient Information Sheet and the trial will be discussed with them. The dressings will be fully explained and the patient will be given plenty of opportunity to ask questions. The principle of the dressings is simple to understand and our patient focus group believes that patients will be able to understand the trial concept despite the acute nature of their illness and impending surgery.

If the patient agrees to participate in the trial, they will be asked to sign a consent form. They will then undergo an operation as decided by the clinical team. The involvement in this research will have no bearing on the choice or method of operation. As long as the patient fulfils the inclusion criteria, the patient will be randomised to either a SUNPD or a standard dressing at the end of the operation. It is important that this randomisation occurs once the skin has started to be closed. This is to prevent a change in the method of skin closure once it is known which arm the patient is going to be allocated to. When the skin is closed, either a standard dressing or a SUNPD will be applied.

Patients will then undergo their normal pathway of care with no change in usual practice until post-operative day 7 or discharge (whichever is earlier) when the SUNPD will be removed and replaced with a standard dressing. The wound will be assessed for the presence of a surgical site infection at 5-10 days or discharge after their operation or discharge (whichever is earlier).

Upon discharge, the patient will be asked to complete a wound diary. This is a simple, tick box sheet that the patient will fill in each day. Every 7 days the diary contains the EQ-5D-5L questionnaire for the patient to fill in. To aid the patient in filling out the diary they will be contacted once a week (by telephone or text) by the research team to remind the patient to fill in the diary and also to provide help if needed in filling it out.

The patient will be asked to undergo a wound review at 30-44 days after their operation for a wound review. This will be by a member of the research team that does not know if the patient had a SUNPD dressing or a standard dressing applied after their operation. The researcher will inspect the wound and ask the patient a few simple questions.

If the wound has healed, the patient will have completed their involvement in the trial. If the patient has a wound that has not fully healed, they will be asked to continue in the trial. If they agree, they will be given a new wound diary and asked to complete until their wound has healed. They do not need to return for another wound check.

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#### Previous intervention:

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The patient will be approached at the time that the decision to operate is made. Patients will be given a Patient Information Sheet and the trial will be discussed with them. The dressings will be fully explained and the patient will be given plenty of opportunity to ask questions. The principle of the dressings is simple to understand and our patient focus group believes that patients will be able to understand the trial concept despite the acute nature of their illness and impending surgery.

If the patient agrees to participate in the trial, they will be asked to sign a consent form. They will then undergo an operation as decided by the clinical team. The involvement in this research will have no bearing on the choice or method of operation. As long as the patient fulfils the inclusion criteria, the patient will be randomised to either a SUNPD or a standard dressing at the end of the operation. It is important that this randomisation occurs once the skin has started to be closed. This is to prevent a change in the method of skin closure once it is known which arm the patient is going to be allocated to. When the skin is closed, either a standard dressing or a SUNPD will be applied.

Patients will then undergo their normal pathway of care with no change in usual practice until post-operative day 7 or discharge (whichever is earlier). At this timepoint, the dressing will be removed and the wound will be assessed for the presence of a surgical site infection.

Upon discharge, the patient will be asked to complete a wound diary (See supporting information/documentation). This is a simple, tick box sheet that the patient will fill in each day. Every seven days the diary contains the EQ-5D-5L questionnaire for the patient to fill in. To aid the patient in filling out the diary they will be contacted once a week (by telephone or text) by the research team to remind the patient to fill in the diary and also to provide help if needed in filling it out.

The patient will be asked to return to hospital 30-37 days after their operation for a wound review. This will be by a member of the research team that does not know if the patient had a SUNPD dressing or a standard dressing applied after their operation. The researcher will inspect the wound and ask the patient a few simple questions.

If the wound has healed, the patient will have completed their involvement in the trial. If the patient has a wound that has not fully healed, they will be asked to continue in the trial. If they agree, they will be given a new wound diary and asked to complete until their wound has healed. They do not need to return for another wound check.

## **Intervention Type**

Procedure/Surgery

## **Primary outcome(s)**

Current primary outcome measure as of 17/09/2020:

SSI as defined by CDC criteria within 30 days post-operatively. Direct wound assessment will be conducted on day 5-10 post-operation or on discharge (whichever is sooner) and at 30-44 days post-operation by a blinded and trained wound assessor. Wound dairies will also be consulted.

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Previous primary outcome measure:

SSI as defined by CDC criteria; Timepoint(s): Within 30 days post-operatively. Direct wound assessment will be conducted on day 5-7 post-operation or on discharge (whichever is sooner). It will also be performed at 30 days post-operation by a blinded and trained wound assessor.

## **Key secondary outcome(s)**

Current secondary outcome measures as of 08/10/2021:

1. Length of hospital stay after surgery as measured from the date of index surgery to the date of discharge (this will be reported for UK patients only)
2. Wound complications as graded by Clavien-Dindo scale within 30 days post-surgery

3. Hospital re-admission for wound-related complications within 30 days. These will include SSIs, wound breakdown/dehiscence, seromas, and wound-related pain.
4. Health-related quality of life assessed using the validated Short Form-12 (SF-12) questionnaire at baseline, day 7, and day 30, and the EuroQol-5 Dimension-5 Level (EQ-5D-5L) at baseline, day 7, day 14, day 21, and day 30
5. Pain at the site of the primary laparotomy, assessed using a 10-point visual analogue scale of 1-10 at day 7 and day 30
6. Serious adverse events up to 30 days
7. Cost-effectiveness assessed using a patient diary for patient reported healthcare resource usage. Healthcare usage will be taken directly from the patient diaries and the costs attributable to this will be identified
8. Patient acceptability of use of their dressing via an acceptability score using a 10-point visual analogue scale of 1-10 at day 7, reflecting participant's assessment of the acceptability of having the dressing
9. Health professional's acceptability of use of SUNPD (via a survey of users in the UK only). This will focus on the ease of application of the dressing, the care needed to maintain/monitor the dressing while it is in place and an overall assessment of health professional's experience of the dressing.

Previous secondary outcome measures as of 17/09/2020:

1. Length of hospital stay after surgery as measured from the date of index surgery to the date of discharge
2. Wound complications as graded by Clavien-Dindo scale within 30 days post-surgery
3. Hospital re-admission for wound-related complications within 30 days. These will include SSIs, wound breakdown/dehiscence, seromas and wound-related pain.
4. Health-related quality of life assessed using the validated Short Form-12 (SF-12) questionnaire at baseline, and day 7 and day 30, and the EuroQol-5 Dimension-5 Level (EQ-5D-5L) at baseline, day 7, day 14, day 21 and day 30
5. Pain at the site of the primary laparotomy, assessed using a Likert scale of 1-10 at day 7 and day 30
6. Serious adverse events up to 30 days
7. Cost-effectiveness assessed using a patient diary for patient reported healthcare resource usage. Healthcare usage will be taken directly from the patient diaries and the costs attributable to this will be identified
8. Patient acceptability of use of their dressing via an acceptability score using a Likert scale of 1-10 at day 7, reflecting participant's assessment of the acceptability of having the dressing
9. Health professional's acceptability of use of SUNPD (via a survey of users in the UK only). This will focus on the ease of application of the dressing, the care needed to maintain/monitor the dressing while it is in place and an overall assessment of health professional's experience of the dressing.

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2. Wound complications as graded by Clavien-Dindo scale within 30 days post-surgery
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4. Health-related quality of life assessed using the validated Short Form-12 (SF-12) questionnaire at baseline, and day 7 and day 30, and the EuroQol-5 Dimension-5 Level (EQ-5D-5L) at baseline, day 7, day 14, day 21 and day 30

5. Pain at the site of the primary laparotomy, assessed using a Likert scale of 1-10 at day 7 and day 30
6. Serious adverse events up to 30 days
7. Cost-effectiveness assessed using a patient diary for patient reported healthcare resource usage. Healthcare usage will be taken directly from the patient diaries and the costs attributable to this will be identified
8. Patient acceptability of use of their dressing via an acceptability score using a Likert scale of 1-10 at day 7, reflecting participant's assessment of the acceptability of having the dressing
9. Health professional's acceptability of use of SUNPD (via a survey of users at the end of the feasibility phase). This will focus on the ease of application of the dressing, the care needed to maintain/monitor the dressing while it is in place and an overall assessment of health professional's experience of the dressing.

**Completion date**

31/08/2021

## Eligibility

**Key inclusion criteria**

Current participant inclusion criteria as of 17/09/2020:

1. All adults undergoing emergency (non-elective) laparotomy
2. Procedures with an incision of at least 5 cm
3. Operations where the skin is closed primarily
4. Patients aged at least 16 years
5. Patients able to provide informed consent, or consultee/representative provides assent /consent if a patient temporarily lacks capacity
6. Patients willing and able to undergo follow-up at 30 days post-op

Previous participant inclusion criteria:

All adults undergoing emergency laparotomy surgery for any surgical indication and via any abdominal incision >5 cm

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

1. Aged less than 16 years
2. Permanent/long-term incapacity to consent
3. Procedures with an incision of less than 5 cm
4. Operations where the skin is not primarily closed

5. Abdominal surgery within the preceding 3 months
6. Patient unwilling or unable to attend follow-up visit at around 30 days post-operation
7. Expected return to theatre for reopening of laparotomy wound within 30 days

**Date of first enrolment**

01/11/2018

**Date of final enrolment**

31/03/2021

## **Locations**

**Countries of recruitment**

United Kingdom

England

Scotland

Australia

**Study participating centre**

**Queen Elizabeth Hospital Birmingham**

Mindelsohn Way

Birmingham

United Kingdom

B15 2WB

**Study participating centre**

**Birmingham Heartlands Hospital**

Bordesley Green East

Birmingham

United Kingdom

B9 5ST

**Study participating centre**

**Sandwell General Hospital**

Lyndon

Sandwell

United Kingdom

B71 4HJ

**Study participating centre**

**Stepping Hill Hospital**

Poplar Grove  
Stockport  
United Kingdom  
SK2 7JE

**Study participating centre**

**Wythenshawe Hospital**

Southmoor Road  
Manchester  
United Kingdom  
M23 9LT

**Study participating centre**

**Manchester Royal Infirmary**

Oxford Road  
Manchester  
United Kingdom  
M13 9WL

**Study participating centre**

**Royal Bolton Hospital**

Minerva Road  
Bolton  
United Kingdom  
BL4 0JR

**Study participating centre**

**Salford Royal Hospital**

Stott Lane  
Salford  
United Kingdom  
M6 8HD

**Study participating centre**

**University Hospital Coventry**

Clifford Bridge Road  
Coventry  
United Kingdom  
CV2 2DX

**Study participating centre**

**New Cross Hospital**

Wolverhampton Road  
Wolverhampton  
United Kingdom  
WV10 0QP

**Study participating centre**

**Macclesfield District General Hospital**

Victoria Road  
Macclesfield  
United Kingdom  
SK10 3BL

**Study participating centre**

**Northern General Hospital**

Herries Road  
Sheffield  
United Kingdom  
S5 7AU

**Study participating centre**

**Blackpool Victoria Hospital**

Whinney Heys Road  
Blackpool  
United Kingdom  
FY3 8NR

**Study participating centre**

**Ipswich Hospital**

Turner Road  
Ipswich  
United Kingdom  
CO4 5JL

**Study participating centre**

**Queen's Medical Centre**

Derby Road  
Nottingham

United Kingdom  
NG7 2UH

**Study participating centre**  
**Dorset County Hospital**  
Williams Avenue  
Dorchester  
United Kingdom  
DT1 2JY

**Study participating centre**  
**Leicester Royal Infirmary**  
Infirmary Square  
Leicester  
United Kingdom  
LE1 5WW

**Study participating centre**  
**Royal Blackburn Teaching Hospital**  
Casterton Avenue  
Blackburn  
United Kingdom  
BB10 2PQ

**Study participating centre**  
**Norfolk and Norwich University Hospital**  
Colney Lane  
Norwich  
United Kingdom  
NR4 7UY

**Study participating centre**  
**Warwick Hospital**  
Lakin Road  
Warwick  
United Kingdom  
CV34 5BW

**Study participating centre**

**Peterborough City Hospital**  
Bretton Gate  
Peterborough  
United Kingdom  
PE3 9GZ

**Study participating centre**  
**Aberdeen Royal Infirmary**  
Foresterhill Road  
Aberdeen  
United Kingdom  
Foresterhill Road

**Study participating centre**  
**Royal Alexandra Hospital**  
Corsebar Road  
Paisley  
United Kingdom  
PA2 9PN

**Study participating centre**  
**John Hunter Hospital**  
Lookout Road  
New Lambton Heights  
Newcastle  
Australia  
NSW 2305

## **Sponsor information**

**Organisation**  
University of Birmingham

**ROR**  
<https://ror.org/03angcq70>

**Organisation**  
University of Newcastle Australia

# Funder(s)

## Funder type

Government

## Funder Name

NIHR Central Commissioning Facility (CCF); Grant Codes: PB-PG-0416-20045

## Funder Name

National Health and Medical Research Council

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be available upon request from Dr Laura Magill (e.l.magill@bham.ac.uk) and James Brown (j.p.brown.1@bham.ac.uk). Access to available anonymised data may be granted following review.

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## Previous publication and dissemination plan:

The PIS and protocol will be made available on the SUNRRISE website (<https://www.birmingham.ac.uk/research/activity/mds/trials/bctu/trials/coloproctology/SUNRRISE/investigators/documentation/docs-existingcentres.aspx>) once the website is live and they have been approved. The findings will be published in international medical journals so that they can help patients globally.

## IPD sharing statement

The datasets generated during and/or analysed during the current study are/will be available upon request from Dr Laura Magill (e.l.magill@bham.ac.uk). Access to available anonymised data may be granted following review.

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		27/01/2025	28/01/2025	Yes	No
<a href="#">Protocol article</a>	protocol	04/12/2020	21/01/2021	Yes	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Study website</a>	Study website	11/11/2025	11/11/2025	No	Yes