

A randomised controlled trial of the psychoneuroimmunological effects of relaxation and guided imagery, alone and in combination, in patients with colorectal cancer

Submission date 12/09/2003	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 12/09/2003	Overall study status Completed	☐ Statistical analysis plan
		☐ Results
Last Edited 03/05/2016	Condition category Cancer	☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

<http://cancerhelp.cancerresearchuk.org/trials/a-trial-looking-at-relaxation-therapy-and-guided-imagery-for-people-with-bowel-cancer>

Contact information

Type(s)

Scientific

Contact name

Dr Lesley Walker

Contact details

The Institute of Rehabilitation
215 Anlaby Road
Hull
United Kingdom
HU3 2 PG
+44 (0)1482 675046
L.G.Walker@hull.ac.uk

Additional identifiers

Protocol serial number

N0084122778

Study information

Scientific Title

A randomised controlled trial of the psychoneuroimmunological effects of relaxation and guided imagery, alone and in combination, in patients with colorectal cancer

Study objectives

What are the effects of the intervention techniques, on quality of life, adjustment, coping, treatment satisfaction, host defences and hormones?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)**Health condition(s) or problem(s) studied**

Cancer: Colorectal

Interventions

1. Arm 1: support as usual in the Oncology Health Centre
2. Arm 2: support as usual + relaxation
3. Arm 3: support as usual + imagery alone
4. Arm 4: support as usual + imagery and relaxation

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/01/2006

Eligibility**Key inclusion criteria**

Not provided at time of registration

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex**Key exclusion criteria**

Not provided at time of registration

Date of first enrolment

06/03/2003

Date of final enrolment

01/01/2006

Locations**Countries of recruitment**

United Kingdom

Study participating centre

The Institute of Rehabilitation

Hull

United Kingdom

HU3 2 PG

Sponsor information**Organisation**

Department of Health (UK)

Funder(s)**Funder type**

Charity

Funder Name

The North and South Bank Research and Development Consortium (UK) NHS R&D Support Funding

Funder Name

Cancer Research UK (UK)

Alternative Name(s)

CR_UK, Cancer Research UK - London, Cancer Research UK (CRUK), CRUK

Funding Body Type

Private sector organisation

Funding Body Subtype

Other non-profit organizations

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary