

A randomized controlled study of tacrolimus for the treatment of idiopathic membranous nephropathy

Submission date 11/05/2016	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 28/05/2016	Overall study status Completed	☐ Statistical analysis plan ☐ Results
Last Edited 18/10/2017	Condition category Urological and Genital Diseases	☐ Individual participant data ☐ Record updated in last year

Plain English summary of protocol

Background and study aims

Idiopathic membranous nephropathy (IMN) is a disease where the small blood vessels in the kidney become inflamed and thickened, causing proteins to leak into the urine. The aims of this study are to compare the effectiveness of a steroid combined with tacrolimus and tacrolimus alone for the treatment of IMN.

Who can participate?

Patients with IMN

What does the study involve?

Patients are randomly allocated into two groups: one group receives TAC alone, and the other group receives steroid combined with TAC. Patients are followed up for 6 months.

What are the possible benefits and risks of participating?

All patients will receive TAC for free, and will help us to provide a better treatment for IMN. The risks include adverse reactions to TAC, such as high blood pressure, angina pectoris, effusion and so on.

Where is the study run from?

The First Affiliated Hospital of Zhengzhou University (China)

When is the study starting and how long is it expected to run for?

June 2016 to June 2017

Who is funding the study?

The First Affiliated Hospital of Zhengzhou University (China)

Who is the main contact?

Zhanzheng Zhao

13938525666@139.com

Contact information

Type(s)

Scientific

Contact name

Mr Zhanzheng Zhao

Contact details

No.1 Jianshe Eastern Road
6th Floor of No.7th Building
Erqi District
Zhengzhou
China
450000
+86 (0)139 38525666
13938525666@139.com

Additional identifiers

Study information

Scientific Title

A randomized controlled study of tacrolimus for the treatment of idiopathic membranous nephropathy

Study objectives

Membranous nephropathy (MN) is one of the most common pathological causes of nephrotic syndrome in adults. Idiopathic membranous nephropathy (IMN) accounts for approximately two-thirds of all MN cases. The clinical manifestations and prognosis vary greatly in IMN patients, and IMN may resolve without treatment, present as ongoing nephrotic syndrome, or progress to end-stage renal disease. No consensus on its treatment or widely accepted treatment protocol is currently available.

Tacrolimus (TAC), an immunosuppressant, is a substrate of cytochrome P450 3A (CYP3A) and P-glycoprotein (P-gp). Steroids are substrates and inducers of P-gp and CYP3A4 and potent inducers of multidrug resistance-associated protein 2 (MRP2) and UDP-glucuronosyltransferase (UGT). The plasma concentration of TAC increases after steroid withdrawal. In vivo pharmacokinetic studies in animals showed that TAC combined with prednisone decreases the plasma concentration of TAC and increases the elimination of TAC.

The 2012 Kidney Disease: Improving Global Outcomes (KDIGO) guidelines recommend the use of TAC for at least 6 months in patients who meet the criteria for initial treatment but are unwilling or contraindicated to receive cycles of steroids/alkylating agents (1C). TAC alone or in combination with a steroid is more effective for MN than conventional treatment regimens. However, no studies have been conducted to compare the efficacy and side effects of TAC alone and TAC combined with a steroid for the treatment of MN.

We hypothesize that in combination therapy of a steroid and TAC for IMN, the steroid will reduce the plasma concentration of TAC and make it necessary to increase the TAC dose, thereby increasing the side effects of TAC.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The Ethics Committee of First Affiliated Hospital of Zhengzhou University, 25/12/2015, ref: Scientific 2015(35)

Primary study design

Interventional

Study design

Multicenter randomized controlled clinical trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Idiopathic membranous nephropathy

Interventions

1. Treatment regimen: The patients will be randomly assigned into one of the two groups: steroid + TAC group (P + T group) or TAC alone group (T group), and observed for 24 weeks.

Patients in the P + T group will be given prednisone 0.5 mg/kg/d (maximum dose: 30 mg/d); the dose will be tapered 2 weeks after the patient has achieved clinical remission, at a rate of 5 mg/d every 2 weeks; once the dose has been reduced to 10 mg/d, the dose will be tapered at a rate of 2.5 mg/d every two weeks until withdrawal; for patients who fail to achieve clinical remission within 4 weeks, the dose will be tapered as described above.

Patients in the T group will receive TAC 0.05 mg/kg/d (two doses per day, morning and night) 1 hour before or 2 hours after meals. The TAC dose is adjusted on the basis of its plasma concentration, and the goal is to maintain the plasma concentration in the range of 5–10 ng/mL. To reduce the TAC dose, for both groups, TAC will be reduced by 30% at 2 months after complete or partial clinical remission. The plasma concentration of TAC will be maintained at 3–6 ng/mL.

2. Concomitant medications: The following medications are prohibited: other immunosuppressants or cytotoxic drugs and anticoagulants.

Intervention Type

Drug

Phase

Not Applicable

Drug/device/biological/vaccine name(s)

Tacrolimus

Primary outcome(s)

1. Change in 24-hour urine protein from baseline and percent change
 2. Change in serum albumin from baseline and percent change
- Measured at baseline, 2, 4, 8, 12, 24 weeks.

Key secondary outcome(s)

1. Changes in serum creatinine and eGFR from baseline and percent changes
 2. Change in serum PLA2R antibodies from baseline
- Measured at baseline, 2, 4, 8, 12, 24 weeks.

Completion date

30/06/2017

Eligibility

Key inclusion criteria

1. Patients with idiopathic membranous nephropathy confirmed by renal biopsy (light microscopy + SEM)
2. Clinical manifestations of nephrotic syndrome
3. Persistent serum creatinine < 115 mmol/L or the reference value of creatinine
4. Any age group, male or female

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

All

Sex

All

Key exclusion criteria

1. Secondary MN with hepatitis or malignant tumor
2. Use of steroids, cytotoxic drugs, or immunosuppressants within 3 months of this study
3. Other severe organ diseases
4. Fasting blood glucose > 6.2 mmol/L or confirmed diabetes
5. Pregnant or nursing women

Date of first enrolment

01/06/2016

Date of final enrolment

30/03/2017

Locations

Countries of recruitment

China

Study participating centre

The First Affiliated Hospital of Zhengzhou University

Zhengzhou

China

45000

Study participating centre

The First Affiliated Hospital of Henan University of Chinese Medicine

Zhengzhou

China

450000

Study participating centre

The First Affiliated Hospital of Henan University of Science and Technology

LuoYang

China

471023

Study participating centre

LuoHe Central Hospital

LuoHe

China

671699

Study participating centre

ZhuMaDian Central Hospital

ZhuMaDian

China

463699

Sponsor information

Organisation

The First Affiliated Hospital of Zhengzhou University (China)

ROR

<https://ror.org/056swr059>

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

The First Affiliated Hospital of Zhengzhou University (China)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Available on request